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(54) Title: ESSENTIAL OIL COMPOSITION

(57) Abstract

The application relates to new medicinal and cosmetic compositions comprising essential oils in combination with herbs and/or spices. The compositions may be used orally or topically.

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ESSENTIAL OIL COMPOSITION

The invention relates to medicinal and cosmetic compositions comprising an essential oil in combination with at least one spice and/or at least one herb. Such compositions may be taken orally or may be absorbed through the skin.

Essential oils have been used for thousands of years in aromatherapy.

The ancient Chinese are generally acknowledged as the founders of aromatherapy, but it is more than likely that quite early in the history of civilisation man had realised that certain aromatic plants could help restore his health. Aromatic substances were also used by the ancient Egyptians and Ancient Greeks as medicinal perfumes.

In the 10th century the Arabs were extracting essential oils from aromatic plants and using them medicinally. The Knights of the Crusades brought aromatic essences and waters back to Europe from the Middle East and they became so popular that perfume began to be manufactured and was well established by the end of the 12th century. The importance of aromatic plants for other purposes was realised early. When the bubonic plague reached England around the middle of the 14th century, fires were ordered in the streets at night, burning aromatic

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frankincense and pine; indoors, incense and perfumed candles were burnt to combat infection and disguise the stench of death; pomanders made from aromatic gums and resins were worn on ribbons round the neck to protect the wearers from the dreaded Black Death.

By the turn of the 18th century essential oils were widely used in medicinal preparations and Salmon's dispensary of 1896 contains recipes for numerous aromatic remedies. In the 19th century, essential oils were subjected to more scientific investigation, and it was discovered that some of them could be synthesised from other materials. As it is always quicker and cheaper to produce the laboratory versions than natural plant extracts, true essential oils began to fall from favour. Today, many of our medicines and perfumes contain so-called essential oils, though often they are mere imitations; while synthetics may smell like the real thing, they do no possess the same therapeutic properties.

Essential Oils

Essential oils are highly scented droplets found in minute quantities in the flowers, stems, leaves, roots and barks of aromatic plants. They are not true oils in the manner of lubricant vegetable oils, but highly fluid

and exceptionally volatile.

Essential oils are complex mixtures of different organic molecules - terpenes, alcohols, esters, aldehydes, ketones and phenols. Synthetic oils are usually made from one or more of the constituents predominant within a particular essential oil; menthol, for example, often substitutes for mint and eucalyptol for eucalyptus. However, there are sound reasons for believing that it is the interaction between each and every component that gives an essential oil its particular character and unique therapeutic properties.

The chemical composition of an oil is related to the time of day, the month or the season. Jasmine develops a strongly scented indole molecule at midnight when it is particularly intoxicating, and it is important to gather the petals at exactly the right moment. There are good years and bad years for essential oils as there are with wines. Some commercial producers have discovered that they can improve the quality of a poor yield by adding certain components and that an expensive oil like rosemary can be adulterated, without altering its aroma, by adding 30-40% of camphor which is considerably cheaper for the perfume industry. Such adulteration may be commercially

acceptable but it might well alter the therapeutic properties of the oil. It is important to try to ensure that essential oils come from reputable sources and are as pure as possible.

Experts recognise an essential oil by its aroma and check its composition by a process called Gas Liquid Chromatography. Colour can also be an indicator; eucalyptus is colourless, chamomile varies from white to blue and others, like basil and sandalwood (both light greenish-yellow), are in pastel shades. Yet others are richly pigmented, like jasmine, a deep reddish-brown, patchouli, brown, and rose, orange-red.

Extraction of the Oils

Essential oils may be extracted from plants in a number of ways. One of the oldest methods is distillation, practised in ancient Persia, Turkey and India thousands of years ago. The Egyptians were preparing essence of cedarwoods for embalming and other purposes around 2000BC; the wood was heated in a clay vessel covered by a screen of woollen fibres through which the steam had to pass. The essence was obtained by squeezing out the impregnated wool.

The Arabs are credited with having popularised distillation in the late 10th century. They began with extract of rose petals then experimented with other aromatic materials. Today, distillation remains the most commonly used means of extracting essential oils.

Other methods include *enfleurage*, often used for delicate petals like jasmine and tuberose; maceration, for tougher flowers and leaves, roots and bark; solvent extraction, the preferred method for gums and resins like myrrh and galbanum; and hand expression, chiefly employed for squeezing the highly aromatic oils from thick-skinned citrus fruit like oranges, tangerines and lemons.

The Properties and Uses of Essential Oils

Essential oils possess numerous properties which make them useful for treating many of our most common health and beauty troubles.

Professor Paolo Rovesti, Director of the Instituto Derivati Vegetali in Milan, has studied the effect of essential oils on the psyche and found that they can be useful in the treatment of anxiety and depression. He recommends ylang-ylang, citrus oils, jasmine, basil, patchouli and

peppermint for treating general depression, geranium, lavender and bergamot for treating fear and anxiety, and peppermint, rose and carnation for improving concentration and eliminating lethargy.

Sprayed into the air, these oils also have immediate and long-lasting effects.

The reasons for these reactions are as yet unclear, but it is known that odour molecules are perceived by thousands of tiny nerve cells in the nose and that each of these nerves is connected to that part of the brain which is concerned with emotional drives, creativity and sexual behaviour. This could explain why certain perfumes make us feel happy, why some essences, like jasmine and rose, have a reputation for being aphrodisiac and why unpleasant smells, like petrol fumes, can induce depression. While pure essential oils appear to have a positive influence on the psyche, it is doubtful that synthetic ones work in the same way.

Spices are conventionally used as flavourings in, for example, Indian or Thai dishes. Spices are usually the dried, aromatic parts of plants, generally the seeds, berries, roots, pods and sometimes leaves and flesh, which mainly, but not invariably, grow in hot countries.

The medicinal uses of spices in the past were often indistinguishable from their culinary uses, particularly so in mediaeval times, when apothecaries prescribed herbs and spices not merely for digestive problems, but for all types of ailments. Hot spices, such as pepper, were regarded as an appetite stimulant and a digestive aid; asafoetida, now known only in Indian cookery, was used by the Romans as a healing ointment, an antidote for snake bites, and an cure for gout, cramps, pleurisy, and tetanus; spiced salts were made with ginger, pepper, cumin, thyme and celery seed which were good for the digestion, promoting regularity and preventing Il sorts of illnesses, plagues and chills; and citron seeds were given to pregnant women to relieve nausea. Roman and mediaeval writers also believed the fennel helped to promote and restore good vision and it was at one time a cure for obesity.

Chinese herbal medicine has been known in China for several thousands of years. Only recently, however, has it become recognised in the West that Chinese herbs may be used to treat medical conditions.

The inventors have unexpectedly found that it is possible to combine

essential oils with naturally occurring spices and/or herbs to produce medicinal compositions which may be taken orally or which may be directly absorbed through the skin. Compositions of the invention may be used to treat a surprising range of illnesses.

Such compositions are especially important with the move by many members of the public towards more "natural" treatments, which do not use artificial medicines.

Accordingly a first aspect of the invention provides a medicinal or cosmetic composition comprising at least one essential oil in combination with at least one spice and/or herb. Preferably the spice is an "Indian spice" as defined herein. The herb is preferably a "Chinese herb" as defined herein.

Preferably the composition comprises an <u>Aloe vera</u> extract. This is the preferred delivery vehicle for the essential oil and spice and/or

herb. It is preferred since it is readily accepted by the body and has not been found to produce allergic reactions or side effects.

Preferably the extract is concentrated.

The composition may comprise a honey product such as royal jelly or bee propolis. Royal jelly and bee propolis have been used for many years to treat a wide range of conditions and as nutrient supplements.

Indian brandee may also be incorporated with the composition. Indian brandee has been used for many years as to relieve flatulence and colic. Its main ingredients are rhubarb tincture, capiscum tincture, ethanol, cochineal and methyl hydroxybenzoate.

The composition may also comprise one or more flavourings, such as blackcurrant concentrate, vitamins, amino acids and minerals.

Examples of vitamins include Vitamin C and Vitamins E and D, which may be in the form of alpha-tocopherol. Inositol, pepsin, selenium methionine, soya isolate, trace mineral clay, whey protein, zinc amino acid chelate and individual amino acids such as lysine may be used.

Enzymes, such as plant extracts comprising enzymes may also be incorporated.

The essential oils, spices, herbs and vitamins and amino acids preferably used within the invention are shown in Tables 1 to 4.

Preferably the compositions comprise one or more essential oils selected from:

(a) bergamot, chamomile german, chamomile maroc, chamomile roman, cinnamon zeylanicum, clove buds, eucalyptus globulus, frankincense, fennel, hyssop, juniper, lemon grass, mountain savoury, niaouli, red thyme, rosemary, rose geranium, tagestes and ylang ylang.

The compositions may comprise one or more Chinese herbs selected from:

(b) acacia catechu, acanthopanax gracilistylus, caesalpinia sappan and epimedium spinosa.

Preferably the compositions comprise one or more spices selected from:

(c) asapoetidia, coconut, coriander, fenugreek and horseradish.

Preferably the composition comprises all of the oils, herbs and spices from lists (a), (b) and (c). This combination has been found to especially improve the effectiveness of the compositions.

Compositions of the invention may be used in combination with alternative methods of treatment such as aromatherapy, Bach flowers therapy, reflexology, acupuncture and/or the Alexander technique, all of which are known in the art.

The invention may be used orally or topically. Accordingly the invention preferably provides tablets or capsules comprising the compositions of the invention for oral administration.

Compositions for topical administration comprising the compositions according to the invention are also provided.

The invention further provides the use of a medicinal composition according to the invention for the treatment of disease or physical disability or sports injuries, or for the build up and maintenance of the immune system, or for the protection against disease or pollution.

The use of cosmetic formulations according to the invention are also provided for skin care and/or weight management.

aromatherapy and/or reflexology and/or physiotherapy to produce enhanced results.

Essential oils are typically extracted by steam distillation, expression (hard pressing) or maceration, as indicated in Table 1. Such techniques are well known in the art.

Spices are preferably selected from Table 2.

CHINESE HERBS

Herbs and Their Properties

In China the herbs used are gathered from the wild by hand. The best ones grow far from human habitation, and the herbalists who gather them will also be botanists, explorers, climbers and environmentalists. They need to be able to identify the relevant herb in all stages of its development, know where the finest ones grow, be able to get to the plants even when they grow in highly inaccessible places, know how much they can take without threatening a particular species, and always be on

TABLEI

ESSENTIAL OILS

Aniseed

Basil

Benzoin

Bergamot

Black Pepper

Camphor

Carrot

Cedarwood

Chamomile German

Chamomile Maroc

Chamomile Roman

Cinnamon Leaf

Clove Buds

Cypress

Dill

Eucalyptus Globulus

Fatigue

Fennel

Frankincense

Ginger

Grand Fir

Grapefruit

Grapeseed

Hazel

Hyssop

Jojoba

Juniper

Juniper Berry

Lavender

Lemon

Lemon Grass

Melissa

Mountain Savoury

Myrtie Red

Neroli

Niaouli

Patchouli

Peppermint

Pine

Red Myrtle

Rescue Remedy

Rose Geranium

Rosemary

Sandlewood

Spanish Marjoram

Sweet Marjoram

Sweet Thyme

Tagestes

Tea Tree

Thyme Red

Thyme Sweet

Ylang Ylang

TABLE 2

SPICES

Allspice

Allspice Ground

Anise Star

Aniseed

Arrowroot

Arrowroot Ground

Asafoetidia

Caraway Ground

Cardamom

Cardamom Seeds

Carob

Cassia

Cassia Bark

Cayenne Pepper

Celery Salt

Chilli

Chilli Powder

Cinnamon

Cinnamon Ground

Cinnamon Sugar

Cloves

Cloves Ground

Coconut Cream Block

Coconut Ground

Coconut Powder

Coriander

Coriander Ground

Cream of Tartar

Cumin

Dill

Dill Seeds

Dutch Caraway

Fennel

Fennel Powder

Fenugreek

Fenugreek Powder

Garlic

Ginger

Horseradish

Horseradish Ribbled

Juniper Berries

Laos

Laos Powder

Lemon Grass

Mace

Mace Ground

Mango Powder

Mixed Spices

Mixed Spices - Sweet

Mushroom

Mustard Seed Black

Mustard Seed Yellow

Nutmeg

Nutmeg Powder

Onion

Orris Root

Paprika - Sweet

Slippery Elm

Tamarind Block

Tumeric

the look-out for new sources and new species.

They are mostly imported from Hong Kong, although some come from mainland China via Beijing and Shanghai. Increasingly, as China opens its doors to the West, better access will be granted for importing herbs.

Some herbalists import their herbs directly, while others purchase them from Chinese herbal cash and carry stores in the West or from mail order suppliers.

Examples of Chinese herbs which may be used in the invention are listed in Table 3.

Preservation

Once the herbs have been collected from the wild they need to be treated so that they will keep their essential qualities during storage. They are always washed and dried. The method of drying varies depending on the particular herb and what it is going to be used for. They may be sun-dried or dried in a clay oven, alone or with other herbs. Sometimes they are dried with minerals such as sulphur, which bleaches them and also acts as

HERBS

Ba Ji Tian

Bai Dou Kou

Bai Gou

Bai Guo Ye (Ginkgo)

Bai He

Bai Ji Tian

Bai Jlang Cao

Bai Zhi

Bai Zhu

Ban Xia

Bi Jl Tlan

Bo He

Bladderwrack

Boswellia Serrata

Bu Gu Zhi

Cang Er Zi

Chai Hu

Chamaelirium Lurea

(False Unicom)

Chan Tiu

Che Qian Cao

Che Qian Zi

Che Quian Cao

Chen Xiang

Chi Shao Yao

Chuan Lian Zi

Da Huang

Da Zao

Dan Shen

Dang Gul (Dong Quai)

Dang Shen

Du Zhong

Echinacaea Angustifolia

Er Cha

Fan Xie Ye (Senna)

Fu Ling

Fu Pen Zi

Gao Ben

Garcinia Cambogla

Ge Gen

Gou Qi Zi (Lycium)

Gou Teng

Guaiacum Wood

Gui Ban

Guo Teng

Guo Ye (Ginkgo)

He Zi

Horsetail

HERBS

Hu Huang Lian Hu Po Hua Jiao Huai Jiao Zi Huang Lian Huang Qi Huo Ma Ren JI Xue Feng Jiang Can Jie Geng Jin Quian Cao Jin Yin Hua Jin Ying Zi

Lian Zi Lian ZI (Red) Long Yan Rou Lu Jiao Shuang Ma Dou Ling

Mai Men Dong

Mai Ya Man Jing Zi

Mao Zhao Cao (Cats

Claw) Maté Leaf

Mexican Yam Root

Milk Thistle Seed

Mu Dan Pi Mu Hu Die Mu Li Mu Tong

Niu Bang Zi Ou Jie Qiang Huo

Rou Cong Rong

Salix Alba (White Willow)

Sang Ye Shan Zha

Shen Jin Cao

Sheng Ma

Shiu Niu Jiao Si Shu Di Huang

Spirulina

Su Mu

Su Zi (ZI Su Zi)

Suan Zao Ren

Tian Ma Tian Nan Xing

Ting LI Zi

Wang Bu Liu Xing Guo

Wu Bei Zi Wu Jia Pi

Wu Yao

Xian He Cao

Xing Ren

Yan Hu Suo

Yang Rong Wan

Ye Ju Hua

Ye Tu Hua

Yi Mu Cao

Yin Yang Huo

Yohimbe

Zhen Zhu Mu

Zhi Mu Zhi Zi

a preservative. Occasionally you may hear of herbs being treated. This means that, after drying, they are stir-fried with angelica and milk vetch to enhance their properties. Some may also be buried in the ground to absorb moisture, or cooked in a clay pot with rice wine or honey to increase their potency.

Cutting up Herbs

Before or after they have been dried, the herbs will need to be cut up using a herb chopper. When this is done depends on the herb and its eventual usage. There are several ways of cutting herbs. Large roots are often sliced across at 90 degrees, which gives them a round cross-section, while smaller ones are cut at an angle to give a larger surface area. Some herbs are chopped very finely and compressed into a cake.

Some herbs have to be ground to a powder and this is done using a mortar and pestle with a lid, to avoid the loss of powder during crushing.

Storage

Traditionally, herbs would be stored in clay pots after preservation and

cutting up. The shape of the clay pots and whether they were covered or uncovered depended on the herbs. The Chinese have always used clay pots, because clay was the simplest and cheapest material to get hold of and also because, when glazed and therefore non-absorbent, it helped to keep the properties of the herbs intact.

Modern herbalists increasingly use glass jars and bottles for herb storage, but still rely on wooden drawers for the bulk of their stocks because this is the easiest and most convenient method of dispensing them. These drawers are rarely labelled, as the herbalist is completely familiar with their contents. Since the drawers are arranged according to meridians and properties it would be hard for the herbalist to make a mistake that would result in a herb of a totally different type being dispensed.

Freshness of Stocks

However the herbs are stored, herbalists will check them periodically for mould and other signs of decay.

Herbs may need to be retreated - that is, washed and boiled, redried and, where necessary, freshly treated with angelica again in the same way that

fresh herbs are.

Weighing Herbs

Because it is so expensive, ginseng is weighed in very sensitive scales which have divisions of 0.1 of a gram.

Other herbs do not need quite such accurate scales, and larger ones can be used. These are accurate to within approximately 3 grams. Both sorts of scales are used by holding one of the strings near the pan and adjusting the weight on the rod.

Metric weights have been used for convenience, but Chinese herbalists use Chinese weights. Their names and metric equivalents are given below.

1 fan = 0.3 grams approx

10 fan = 1 qin = 3 grams approx

10 qin = 1 lian = 30 grams approx

16 lian = 1 jin = 480 grams approx

Whenever scales are used, the weight given is always that of the herb before any stir-frying which may be specified on the prescription. The

herbs may be fried in honey, water or rice wine, or 'burned' until black in a red-hot wok. These treatments naturally change the weight of the herb, and it is not unknown for patients to weight their herbs afterwards and mistakenly complain that they have been short-changed by the herbalist.

Boiling and Steaming

As soon as possible after collection, the herbs are boiled in clay pots. These come in a variety of shapes and sizes much like Western saucepans. It used to be traditional to throw away all pots used in medicinal preparations on the Chinese New Year's Eve. But few herbalists in the West can afford to do this now, especially since some of the decorated pots are extremely expensive.

Steam pots are used a lot for medicinal foods. The ingredients are added to the pot, after which both lids are put on and fastened by a string which passes through the handles. The pot is then placed in a larger pot of boiling water. The herbs and other ingredients are gently cooked by the rising steam without losing any valuable elements which might otherwise be boiled out.

Properties of Commonly Used Chinese Herbs

In the following lists the Chinese name has been used, along with the botanical name and the Western common name where possible. (Some Chinese herbs are not native to the West and have no corresponding Western name so in these cases the literal English translation has often been included.) Most of the herbs described here can be used in their fresh state, but they can all be ordered as dried herbs. Dosages given are standard ones from which herbalists would raise or lower according to the individual. It is interesting to note that many of the Chinese names have suffixes denoting parts of the plant, for example: hua/flower; pi/cortex or peel; ren/seeds; ye/leaf; zi/fruit or seeds. The dosage refers to the total dose over the course duration.

Bai Shao

Paeonia lactiflora, P. obovata

White peony root

Part used:

root, sliced

Meridian:

liver

Taste:

sweet

Usage:

for abdominal pains after childbirth combine with Dang Gui (Angelica sinensis/Chinese angelica), Chuan Xiong (Ligustrum wallichii/Szechuan lovage root) and Hong Hua (Carthamus

tinctorius/safflower).

Dosage:

6-15g

Note:

Do not use with black false hellebore (Veratrum nigrum)

Bai Zhu

Atractylodes macrocephala

Attractylodes

Part used:

root

Meridians:

spleen, stomach bitter-sweet

Taste: Usage:

to correct mischannelling of qi at the spleen and stomach.

Used to treat loss of appetite, extended tight abdomen, vomiting and bowel disorders. It is safe to use during

pregnancy.

Dosage:

4.5-9g

Gan Cao

Glycyrrhiza uralensis, G. glabra

Liquorice

Part used:

root

Meridians: Taste:

all sweet

Usage:

one of the most frequently used Chinese herbs. It can be used on its own to assist the spleen, dispel heat and restore

qi. It is used to treat sore throats and to relieve food

poisoning. It is most often used with other herbs to moderate their effects. It is also used to alleviate any uncomfortable side-effects which may be felt after taking other medicinal

herbs.

Dosage:

1.5-9g

Gou Qi Zi

Lycium chinense

Lycium

Part used:

seed

Meridians:

liver, kidneys

Taste:

sweet

Usage:

to strengthen shen and kidneys, and to improve eyesight, used with Sheng Di Huang (Rehmania glutinosa/Chinese

foxglove root), Ju Hua (Chrysanthemum morifolium/

chrysanthemum) and Shan Zhu Yu (Cornus officinalis/fruit of

Asiatic cornelian cherry). Used with Sheng Di Huang (Rehmania glutinosa) and Tian Men Dong (Asparagus

cochinchinensis/asparagus root) to treat deficient liver and/or kidneys as well as tinnitus, dizziness and weakness of the

knees, and for the prevention of wet dreams.

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Dosage:

6-12q

Gou Teng

Nauclea rhyncholphylla

also (*Unicaria*)

Part used: Meridians:

thorn heart, liver

Taste:

sweet

Usage:

to stop convulsions, tics and spasms used with Tian Ma (Gastrodia elata/Gastrodia rhizome). For the treatment of red

eyes caused by headaches used with Ju Hua

(Chrysanthemum morifolium/ chrysanthemum), Sang Ye (Morus alba/white mulberrry leaves) and Bo He (Mentha

arvensis/mint). It does not need boiling.

Dosage:

6-12a

Gui Zhi

Cinnamomum cassia

Cinnamon twigs

Part used:

bark

Meridians:

heart, lungs, bladder

Taste:

sweet

Usage:

used in combination with Ma Huang (Ephedra sinical/Ephedra) if the patient does not sweat; if they do, given with peeled Chi Shao (Paeonia veitchii/red peony root). Used in combination with Qiang Huo (Notopterygium incisum) to relieve pain in joints, especially arthritis. Used with Dang Gui (Angelica sinensis/Chinese angelica) or Chuan Xiong (Ligustrum wallichii/Szechuan lovage root) to treat period pains and

menstrual irregularity.

Dosage:

3-9g (slightly more if used for arthritis)

Note:

Avoid during pregnancy

Huang Qi

Astragalus membranaceus

Milk vetch

Part used: Meridians: root, sliced, either raw or stir-fried in honey

Taste:

lungs, spleen

sweet

Usage:

given as a tonic to patients recovering from illness or feeling tired and weak. Can be used in conjunction with ginseng. This is one of most commonly prescribed herbs in Chinese medicine, and symptoms which would point to its use include loss of appetite, coldness, shortness of breath and a tendency

to sweat a lot.

Dosage:

9-30g

Huang Qin

Scutellaria baicalensis

Baical skullcap root

Part used:

root, raw or stir-fried in rice wine

Meridians:

gall bladder, small intestine, lungs, large intestine, spleen

Taste:

bitter

Usage:

for throat pain used with Lian Qiao, (Forsythia suspensal

forsythia fruit) and Jin Yin Hua (Lonicera japonical

honeysuckle flower). For relieving high blood pressure used with Ju Hua (*Chrysanthemum morifolium*/chrysanthemum) and

Gou Teng (Nauclea rhyncholphylla).

Dosage:

3-10g

Jing Jie

Schizonepeta tenuifolia

Part used:

seeds

Meridians:

none specific

Taste:

tangv

Usage:

to stop swellings and as an excellent painkiller. Used more than any other herb for the treatment of arthritis. Fried until very dark in colour it is used to stop bleeding, especially from

haemorrhoids.

Dosage:

3-9g

Ma Huang

Ephedra sinica

Ephedra

Part used:

stalk

Meridians:

bladder, lungs

Taste:

tangv

Usage:

used in combination with Gui Zhi (*Cinnamomum cassial* cinnamon) to aid sweating. Stir-fried in honey and apricot kernels, restores the function of the lungs and suppresses asthma, especially with coughing. Used with Sheng Jiang (*Zingiber officinale*/fresh ginger rhizome (root) and Bai Zhu

(Atractylodes macrocephala) to reduce swelling.

Dosage:

3-9a

Note:

not suitable for patients who suffer from insomnia or high

blood pressure. Not to be used by patients who are already

sweating.

Mai Men Dong

Ophiopogon japonicus

'Lush winter wheat'

Part used:

root nodules, used raw and pressed flat

Meridians:

stomach, lungs, heart

Taste:

bitter

Usage:

to restore yin. Used with Ban Xia (Pinellia ternatal'Half

summer') and liquorice for coughs and dry throat. Used with Sheng Di Huang (*Rehmania glutinosa*/Chinese foxglove root), Xuan Shen (*Scrophularia Ningpoensis*Ningpo figwort root), Huang Lian (*Coptis chinensis*/golden thread) and Dan Shen

(Salvia miltiorrhizal'Scarlet root') for insomnia.

Dosage:

6-12g

Mu Dan Pi

Paeonia suffruticosa

Tree peony

Part used:

bark

Meridians:

kidneys, liver, heart

Taste:

Usage:

to lower high blood pressure, used with Ju Hua

(Chrysanthemum morifolium/chrysanthemum) and Jin Yin Hua

(Lonicera japonica/honeysuckle flower). For menstrual

disorders, used with Chai Hu (Bupleurum chinense/thorowax) and Dan Gui (Angelica sinensis/Chinese angelica). To stop bleeding in internal wounds, dry-fried until dark and given with Hong Hua (Carthamus tinctorius/safflower). For period pain, raw slices given with Gui Zhi (Cinnamomum cassia/ cinnamon) and Hu Tao Ren (Juglans regia/walnut). To stimulate the production of blood and to disperse bruises, used fried in rice

wine with cinnamon and walnuts.

Dosage:

6-12q

Note:

not suitable for use during pregnancy

Qing Hao

Artemisia annua, A. apiacea

Wormwood

Part used:

leaves

Meridians: Taste:

liver, gall bladder

bitter, but with a very pleasant smell

for the treatment of burns and minor skin disorders, fresh Usage:

leaves are crushed and applied externally. For the treatment

of malaria, used with Huang Qin (Scutellaria

baicalensis/Baical skullcap root). Ban Xia (Pinellia ternata)

and Maronta arundinacea (arrowroot).

Dosage: Note:

20-40g for malaria, 6-15g for skin applications this herb responds best to rapid, short boiling

San Qi

Panax notoginseng

Pseudoginseng root

Part used:

whole plant (it is similar to ginseng)

Meridians:

kidnevs. liver

Taste:

bitter

Usage:

to disperse bruises, relieve swellings and stop haemorrhaging,

and for general relief of pain.

Dosage:

for wounds and pain 1-1.5g powder three times a day; for cardiac arrest 1.5g twice a day in equal proportions with

ginseng

Shan Zhu Yu

Cornus officinalis

Cornelian Asiatic cherry

Part used: Meridians: flesh of fruit liver, kidneys

Taste:

bitter-sour

Usage:

used in the treatment of abnormally heavy menstruation. Used with ginseng to treat heavy sweating accompanied by

exhaustion.

Dosage:

4.5-9q

Shi Chang Pu

Acorius gramineus

Sweetflag

Part used:

root

Meridians:

heart, spleen, stomach

Taste:

tangy

Usage:

for excess tan (mucus). Used with Zhi Zi (*Gardenia jasminoides*/Cape jasmine), young bamboo leaves and extracted ginger juice for treating delirium. To treat tinnitus and amnesia, given with Fu Ling (*Poria cocos*/hoelen) and Yuan Zhi (*Polygala tenuifolia*/root of Chinese Senega). For

loss of appetite, given with Huo Xiang (Agastache

rugosa/Patchouli), Huo Po (Magnolia officinalis/magnolia) and

Chen Pi (Citrus reticulata/tangerine peel).

Dosage:

3-9g

Shu Di Huang

Rehmania glutinosa

Root of Chinese foxglove cooked in wine

Part used: Meridians:

root (oven dried or fresh) liver, kidneys, heart

Taste:

sweet

Usage:

a) to relieve cold in the blood. Used with Xuan Shen (Scrophularia ningpoensis/Ningpo figwort) to reduce high body temperature, dry mouth and red tongue. Given with He Ye (Nelumbo necifera/Iotus leaves) and Qian Cao Gen (Rubia cordifolia/madder root) for blood in vomit or urine. Used with Mu Dan Pi (Paeonia suffruticosa/cortex of tree peony root) for macula or dark spots on the skin. To treat thirst associated with diabetes, used with Bi Xie Xu Duan (Dioscorea batatas/Chinese yam) and Di Gu Pi (Lycium

chinense/Chinese wolfberry).

b) Used dried, then fried in rice wine until dark, for restoration of the blood, weakness of the knees, menstrual disorders

and tinnitus.

Dosage:

a) 9-30g (double if fresh), b) 9-15g

Tian Ma

Gastrodia elata

Gastrodia rhizome

Part used: Meridian:

tuber liver

Taste: Usage:

sweet

to clear collateral channels and to relieve rheumatic pain, given with Jin Yin Hua (Lonicera japonica/honeysuckle flower) and Huai Niu Xi (Achyranthes bidentata/'Ox knee'). Given with Ban Xia (Pinellia ternata/'Half summer') and Bai Zhu (Atractylodes macrocephala) in the treatment of migraine, eye

disorders and dizziness. Excellent for women suffering

headaches, especially after childbirth.

Dosage:

3-9g boiled in water, 1-1.5g as a powder

Tian Men Dong

Asparagus cochinchinensis

Tuber of Chinese

Part used:

root, raw and sliced

asparagus

Meridians:

Taste:

lungs, kidneys bitter-sweet

Purpose:

to restore deficient yin. Dispels heat and strengthens the

kidneys and lungs.

Usage:

to treat a dry cough with little mucus, or coughing up of blood, use with Mai Men Dong (Ophiopogon japonicus/Lush winter wheat') and Bei Mu (Fritillaria verticillata/fritillaria bulb). For use in the treatment of whooping cough with Mai Men Dong (Ophiopogon japonicus/'Lush winter wheat') and Bai Bu

(Stemona sessilifolia/stemona root).

Dosage:

6-12a

Tu Si Zi

Cuscuta chinensis

Dodder seeds

Part used:

seeds, boiled and crushed, sometimes in cake form

Meridians:

kidneys, lungs

Taste:

sweet

Purpose:

to treat deficient yang in the kidneys, which causes frequent

urination. Also used to prevent miscarriages and to help restore

the function of the kidneys and menstrual cycle

Dosage:

6-12g

Wu Wei Zi

Schizandra chinensis, S. spenanthera Schisandra fruit The Chinese name means 'the fruit which has five tastes'. It has two forms, northern (S. Chinensis) and southern (S. sphenanthera).

Part used:

fruit, raw or steamed with vinegar or rice wine

Meridians:

kidneys, heart, lungs

Taste:

sour

Usage:

for coughs caused by weakness of the lungs, sometimes in

combination with ginseng. Use with Mai Men Dong

(Ophiopogon japonicus/'Lush winter wheat') to treat patients who sweat, have a dry mouth, tire easily and are depressed.

Dosage:

1.5-6a

Xin Yi Hua

Magnolia liliflora

Magnolia flower

Part used:

flower

Meridians:

none specific

Taste:

Usage:

for the treatment of rhinitis and nasosinusitis. Clears running

nose and headaches.

Dosage:

1-3g

Yin Yang Huo

Epimedium brevicornum,

'Licentious goat wort'

E. grandiflorum, E. sagittatum

Part used:

the whole plant apart from the root

Meridians:

liver, kidneys

Taste:

sweet

Usage:

used to treat high blood pressure in elderly women, impotence

and paralysis of the lower limbs.

Dosage:

3-9g

Yu Xing Cao

Houttuynia cordata

'Fishy smelling herb'

Part used: Meridians: whole herb

kidneys, lungs

Taste:

sweet with a fishy odour, hence it is also know as the smelly

fishy plant

Usage:

the treatment of lung and kidney disorders.

Dosage:

9-30g

Yuan Zhi

Polygala tenuifolia

Root of Chinese senega

Part used:

root, chopped and treated with liquorice

Meridians:

lungs, heart, kidneys bitter

Taste: Usage:

for treatment of irritability, insomnia and depression.

Dosage:

3-9g

Zi Su Ye

Perilla frutescens

Perilla leaf

Part used:

leaves

Meridians:

spleen, lungs

Taste:

sweet

Usage:

to promote ch'i, to relieve pain and tightness in the abdomen, to

cancel out the effects of food poisoning (especially when

caused by seafood), to ease vomiting and diarrhoea.

Dosage:

6-12g

Also part of the herbalist's traditional repertoire will be such well-known herbs as ginseng, garlic and ginger. Ginseng (Panax ginseng) is the dried root of the Ren Shen plant which is grown mainly in Japan and Korea. Its main uses are to help strengthen weak bodies and to help patients recovering after illness. It is used extensively as a nutritive and restorative tonic and to treat impotence, neurasthenia, spermatorrhoea, anaemia, senility, uterine disorders and nephritis.

Ginger is the fresh root of Zingiber officianale (Gan Jiang) and is used mainly as a stomach restorative. It is used in the treatment of nausea and vomiting as well as diarrhoea, rheumatism, abdominal and spleen ache and sometimes for strider - obstructed breathing.

Garlic (Allium sativum) known as Xie Bai to the Chinese, is used to thin the blood. It is known to reduce blood cholesterol, prevent heart disease, aid digestion and to lower blood pressure.

The preferred form of the vitamins and amino acids are shown in Table 4. "Pepsin" refers to commercially available pepsin digest.

TABLE 4

VITAMINS AND AMINO ACIDS

Vitamins & Amino Acids

L-Phenylaline Vitamin C Vitamin E Vitamin ED

Inositol

Selenium Methionine

Soya Isolate

Trace Mineral Clay

Lysine Pepsin

Whey Protein

Zinc Amino Acid Chelate

Co-enzyme Q

Superoxide Dismutase Vegetable enzymes Iron Gluconate

Copper amino acid gluconate

Calcium amino acid gluconate

L-Threonine

Chromium niacin

Selenium methionine

L-phenylanaline

Method

Extraction Extraction Extraction

Trace Mineral Trace Mineral Trace Mineral Trace Mineral

Compound Compound Compound

The invention will now be described by way of example.

The product formulae below show the dosage, for the disorders treatable by the composition, the amounts of the components used and therapies which may be used in combination with the compositions. Typically capsules contain between 200mg and 1g of composition per capsule.

The formulations may be taken neat or diluted with, for example 50% volume/volume cordial, fruit juice or lemonade.

The dosages may be separated into, for example, 3 equal doses taken after breakfast, lunch and an evening meal.

Skin care, massage and sports injury remedies may be applied topically directly onto the area to be "treated".

The <u>Aloe vera</u>. honey products, vitamins/amino acids, Indian brandee and blackcurrant concentrate are all commercially available products.

The Aloe vera products, heat lotion and propolis creme may be obtained from Forever Living Products (UK) Ltd, Longbridge Manor, Longbridge,

Warwick, Warwickshire, United Kingdom. Aloe vera "juice" comprises as main ingredients stabilised Aloe vera gel, sorbitol, lemon juice, vitamin E, sodium benzoate and papain. "Pure" Aloe vera comprises stabilised Aloe vera gel, sorbitol, citric acid, vitamin E, sodium benzoate and papain. Aloe vera "nectar" comprises raw Alow vera gel, fructose, sorbitol, cranberry and apple juice concentrate, ascorbic acid, citric acid, potassium sorbate, sodium benzoate, xanthan gum, tocopherol and colourings.

Heat lotion comprises stabilized Aloe vera gel, DI water, propylene glycol, stearic acid, glyceryl stearate, triethanolamine, eucalyptus oil, methyl salicylate, apricot kernel oil, sesame oil, cetyl alcohol, petrolatum, lanolin, jojaba oil, oleic acid, stearyl stearate, dioctyl adipate, octyl stearate, octyl palmitate, PEG-100 stearate, allantoin, mineral oil, lanolin alcohol, ascorbic acid, diazolidinyl urea, methylparaben and propylparaben.

Propolis creme comprises stabilized Aloe vera gel, glyceryl stearate (and) PEG-1-00 stearate, propylene glycol, cetyl alcohol, dioctyl adipate (and) octyl stearate (and) octyl palmitate, lanolin, sorbitol, allantoin, bee propolis extract, lanolin alcohol, dimethicone, mineral oil, imodazolidinyl, urea, vitamins A & E, comfrey extract, chamomile extract, triethanolamine, ascorbic acid, methylparaben, propylparaben, fragrance.

Rescue remedy is a composition of five Bach flower remedies: Impatiens, Star of Bethlehem, Cherry Plum, Rock Rose and Clematis.

Except where indicated, the essential oils, Chinese herbs/Indian spices, honey products, vitamins/amino acids, Indian brandee and blackcurrant concentrate are mixed together in the amounts indicated with sufficient Aloe vera to make the final formulation up a final volume of 1,000 ml.

All components are from commercial sources. Vegetable enzymes are obtained as a commercially available product from "G and G Foods (UK)".

Initial results indicate that the specific essential oil and herb/spice combination of the invention provides effective compositions for medical and/or cosmetic use.

PATIENT PILOT STUDY

From a database of 250 people, having been diagnosed by their own practitioner as having M.E./Chronic Fatigue Syndrome, 80 responded to the inventors for information requesting to take the particular formula.

The findings of this initial pilot study indicated:

- One third of the respondents diagnosed with M.E./Chronic Fatigue Syndrome did not have this condition. Most had Candida, depression or arthritis. A number suffered from a combination. Due to the similarity and overlap of many symptoms, without practitioners being able to measure the response by administering separate formula for each of these conditions, it is not possible for them to accurately disseminate between these four conditions.
- ii) When a patient has been accurately diagnosed and they take the respective formula, as shown in Table 5, correctly, a full recovery is apparent at the end of the 25 day ingestion period.
- iii) A pattern also became evident with about one third of patients making a partial recovery and in a few cases no realistic recovery. In all these cases it became apparent each respective formula of the inventors was being frustrated. After further discussion and analysis of the patient records a clear pattern emerged.

In the majority of cases these patients had been exposed to either one or a combination of the following traditional treatments:

		Side Effects
(a)	X-rays/scans	Medical irradiation
(b)	Medical drugs	Misfunction
(c)	Amalgam dental fillings	Mercury poisoning
(d)	Organophosphate exposure	Nervous system

- iv) The inventors then developed an additional 'body cleanser/irrigator' formula (Table 6). After taking this 25 day formula the original formula still resting within these patients was then released to perform.
- v) Due to the alarming number of patients from referrals and potential patients suffering from the side effects of the above traditional treatments, the Foundation has successfully combined the 'irrigator' within each of its main formula. This prevents patients from having to take two formulae which doubles both the cost and time.

TABLE 5

Essential Oils		Herbs/Spices
Bergamot Camphor Chamomile Roman Eucalyptus Globulus Ginger Juniper Melissa	½ml ½ml ¼ml ¼ml ¼ml ¼ml ¼ml ¼ml ¼ml ¼ml	Herbs: 5:1 Bai Guo Ye - 2gm Ba Ji Tian - 2gm Chen Xiang - 2gm Da Huang - 2gm Huang Lian - 2gm Niu Bang Zi - 2gm Salix Alba - 2gm
Peppermint Rose Geranium Rosemary	½ml ½ml ¼ml ¼ml	Zhi Zi - 2gm Spices: Cinnamon Sugar - 10gm
Tea Tree	1⁄4ml	Cloves 10gm Coriander - 10gm Garile - 10g Juniper Bernes - 10gm

Bas	e ingredients	Flavouring
Honey Products Royal Jelly - 20gm Bee Propolis - 20gm	Aloe Vers/Amino Acids/ Vitamins Aloe Vers: 2/3 litre	Honey -20ml Indian Brandee - 20ml Vanilla - 50gm
Enzymes/Minerals Enzymes: Vegetable Enzymes - 30gm Minerals: Calcium - 10gm Garlic - 20gm	Amino Acids: Copper Amino Acid Chelate - 30gm Lythium Threonine - 30gm Superoxide Dismutase (S.O.D.) - 30gm Zinc Amino Acid Chelate - 5gm	
Inositoi - 25gm Iron - 10gm Mineral Clay Powders - 30gm	Vitamins: VIT C - 30gm VIT E D - Alpha Tocapherol - 10gm	

TABLE 6

Aloe Vera	Essential Oils	3	Chinese Herbs/Indian Spices
Nectar	Bergamot Chamomile German Chamomile Maroc Chamomile Roman Cinnamon Zeylanicum Ciove Buds Eucalyptus Globulus Frankincense Fennel Hyssop Juniper Lemon Grass Mountain Savoury Niaouli Red Thyme Rosemary Rose Geranium Tagestes Yiang Yiang	1mi 1mi 1mi 1mi 1mi 1mi 1mi 1mi 1mi 1mi	Chinese Herbs: Acacia Catechu - 30gm Acanthopanax Gracilistylus - 30gm Caesalpinia Sappan - 30gm Epimedium Spinosa - 30gm Indian Spices: Asapoetidia - 20gm Coconut Cream Block - 20gm Coriander - 20gm Fenugreek - 20gm Horseradish Ribbled - 20gm

Honey Products	Vitamins/Amino Acids	Other	Therapies
Royal Jelly - 4000gm Bee Propolis - 1ml	VIT C - 30gm VIT E D - Alpha Tocapherol - 30gm Inositol - 2500mg Pepsin - 30gm Selenium Methionine - 30gm Soya Isolate - 30gm Trace Mineral Clay - 30gm Whey Protein - 50gm Zinc Amino Acid Chelate - 30gm	Indian Brandee - 20ml Blackcurrant Concentrate - 20ml	Chinese Acupuncture - 2 sessions

Product Formula A	-2c	- 2 capsules 3 times daily over 20 days	20 days			
	+	Formula Z - CRA - 2 sessions w	vith Aromatheras	oist/Reflexologie	* + Fornula Z - CRA - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)	um 7 days apart)
Angina	Athe	Atherosclerosis Diab	Diabetes	Heartburn	Tumour	
Artery Walls	Bloo	Blood Pressure Empl	Emphysema	Raynard's Disease		
Asthma	Cha	Cholesterol *Men	*Meningitis	*Strokes & F	*Strokes & Heart Attacks	
Essential Oils		Herbs/Spices		Base	Base Ingredients	Flavouring
Basil	lm ₈ /	-	Honey Products		Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml
Bergamot	lm ₈ /		Royal Jelly - 3:1 - 7gm	- 7gm	Aloe Vera:	Indian Brandee - 20ml
Camphor	l' _{em}	Bu Gu Zhi - 2gm Ban Xia - 2mm	Bee Propolis - 4:1 - 5gm	1 - 5gm	Over 70 nutrients - 3/ litre	Vanilla - 50cm
Chamomile German	1/eml		-	.		- B
Chamomile Maroc	1,em	Da Huang - 2gm	Enzymes/Minerals	S E	Amino Acids:	
Chamomile Roman	1/8ml	Dang Shen - 2 gm	Enzymes:	ļ	L-Threonine - 15am	
Cinnamon Leaf	1/eml	Ge Gen - 2cm	Vegetable Enzymes - 15gm	es - 15gm		
Clove Buds	1/eml	Grapeseed - 15mcg		3		
Dill	1, eml	Lu Jiao Shuang - 2gm	Minerals:		Vitamine	
Eucalyptus Globulus	lm ₈ /	Ma Dou Ling - 10gm (1:1) (Not UK)	Calcium Amino Ac	Calcium Amino Acid Chelate 20% -	VIT C - 15am	
Fennel	1/sml	Mao Zhao Cao (Cats Claw) - 2cm	10gm		VIT F.D Alnha Tocanherol - 10am	
Frankincense	1/eml	Niu Bang Zi - 2gm	Copper Amino Acid Chelate 20%	id Chelate 20% -		
Hyssop	lm ₈ /	Pycnogenol - 10mcg	15gm			
Juniper	l'em	Salix Alba (VVIIIew) - 10gm 1:1 Shan Iin Cao - 2cm	Garlic - 5gm			
Lavender	1/eml	Shu Di Huang - 2gm	Inositol 25gm			-
Lemon Grass	1/aml	Su Mu - 2gm	Iron Gluconate 12.5% - 10gm	5% - 10gm		
Mountain Savoury	1/sml	Suan Zao Ren - 2gm	Mineral Clay Powders - 15gm	fers - 15gm		
Niaouli	1,8ml	Han Nan Aing - 2gm	Superoxide Dismutase (S.O.D.)	tase (SOD)-		
Peppermint	1/eml	Xing Ren - 2gm	15gm			
Rose Geranium	1/eml	Zhen Zhu Mu - 2gm	Zinc Amino Acid Chelate 20% -	helate 20% -		-
Rosemary	1/eml	Zhi Mu - 2gm	mgc			
Tagestes	lm ₈ /	Spices:				
Thyme Red	lme/	Cardamom - 10gm				
Ylang Ylang	1/eml	Celery Salt - 10gm				
		Chilli Powder - 10gm				
		Coconut Cream Block - 10gm				
		Februareek - 10gm				
		Horseradish Ribbled - 10gm				
		Mace Ground - 10gm				
		Mixed Spices Sweet - 10gm				
		Numbed Fowder - Togin				

**Hepatitis Endometritis 'Indigestion 'Organophosphate Dramatural Syndrometritis Hernia Menopause Utcers - External Hiatus Hernia Menopause Utcers - Internal Hiatus Hernia Menopause Utcers - Internal Heriatus Hernia Menopause Utcers - Internal Heriatus Hernia Menopause Utcers - Internal Heriatus Hernia Menopause Utcers - Internal Horax Engal Juliania Amino Acid Chelate 20% - Utamina: Squeroxide Dismutase (S.O.D.) - 15gm Calcium Amino Acid Chelate 20% - Vitamina: Capper Amino Acid Chelate 20% - Utamina: Capper Amino Acid Chelate 20% - Capper	Product Formula B	- 20	2 capsules 3 times daily over 20 days + Formula Z - CRB - 2 sessions with Aroma	20 days ith Aromatherapist/Reflexologist th Aromatherapist/Reflexologist	inimum 2 hou inimum 2 hou	7 days apart) 7 days apart)
Cohn's Disease	Abscess	· Ca	ndida (Thrush/Cystitis) En	dometritis Indigesti	on . Bowel Pre-Menstrual Sy	te Disease (Or s indrome
Fesential Oils	Alcoholism	Colin				
Herbe/Spices Herb	r Anorexia	Diver			_	
	- 1		-	Base	ngredients	Flavouring
		111/4	Morber 5:4	Honey Products	Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml
	Bergamot	E '	_	Royal Jelly - 3:1 - 7am	Aloe Vera:	Indian Brandee - 20ml
Jam	Black Pepper	E .		Bee Propolis - 4:1 - 5pm	Over 70 nutrients - 1/4 litre	Vanilla - 50gm
Seman Sema	Camphor		Chal Itu - 2gm			
James Jame	Chamomile German	E, '	Da Huang - Zgm	Engither (Minerals	Amino Acids:	
Forman 1-6m Errog Control 1-6m Errog	Chamomile Maroc	E,	Dang Shen - 2gm		Glitamine - 15am	
Jami Grapeseed - 15mcg Vegetable Enzymes - 10gm Jami Grapeseed - 15mcg Vegetable Enzymes - 10gm Jami	Chamomile Roman	E,,	Er Cha - 20m	Enzymes:	Threatine 15am	
Jami Gui Ban - 2gm Jiami Jin Quian Cao - 2gm Jiami Jin Quian Cao - 2gm Jiami Jin Quian Cao - 2gm Jiami Jin Yu Hua - 2gm Jin Yu Hua - 2gm Jin Yu Jiami Jin Sharang - 2gm Jin Mu - 2gm Jin M	Cinnamon Leaf	œ/,	Grapeseed - 15mcg	Vegetable Enzymes - togim	Discount 10mm	
Jin Quian Cao - 2gm Minerals: Jin Quian Cao - 2gm Jin Quian Cao - 2gm Jin Quian Cao - 2gm Jin Mineral Cagn Jin Mi	Clove Buds	lmg/	Gul Ban - 29m	,	Pychogenol - Torney	
Se 'fem' Lu Jiao Shuang - 2gm	Eucalyptus Globulus	lm ₈ /	Jin Quian Cao - 2gm	Minerals:	Superoxide Dismurase (S.C.D.) - 13gm	
10gm 1,6ml Acao Cao (Cats Claw) - 2gm 1,6ml Salix Aba (White Willow) - 10gm 1:1 15gm 1,6ml Salix Aba (White Willow) - 10gm 1:1 15m Shu Di Huang - 2gm 1,6ml Su Mu - 2gm 1,6ml Yan Hu Suo - 2gm 1,6ml Yan Hu Suo - 2gm 1,6ml Zhi Zi - 2gm 1,6ml Zasouth Cream Block - 10gm 1,6ml Cayerne Pepper - 10gm 1,6ml Cayerne Pepper - 10gm 1,6ml Cayerne Pepper - 10gm 1,6ml Cayerne Fepper - 10gm 1,6ml Cayerne Fe	Fennet	'/eml	Jin Yin Flua - Zgiii	Calcium Amino Acid Chelate 20% -		
1/emi Pycnogenol - 10mcg Copper Amino Acid Chelate 20% - 16mi Safix Aba (White Willow) - 10gm 1:1 15gm Sas 1/emi Shu Di Huang - 2gm Inositol 25gm Iveni Vu Jia Pi - 2gm Ino Gluconate 12.5% - 10gm Itum 1/emi Zhi Zi - 2gm Zinc Amino Acid Chelate 20% - 16mi Asafoatxia - 10gm Corand cream Block - 10gm Fenugreek - 10gm Enugreek - 10gm Enu	Frankincense	lm ₈ /	Mao Zhao Cao (Cats Claw) - 29m	10gm		
1,6ml Salix Aba (White Willow) - 10gm Clair - 5gm 1,6ml Su Mu - 2gm Inositol 25gm 1,6ml Vu Ja Pi - 2gm Inositol 25gm 2 Inc Amino Acid Chelate 20% - 5gm 3 Inc Amino Acid Chelate 20% - 5gm 4 Inositol 25gm 2 Inc Amino Acid Chelate 20% - 5gm 2 Inc Amino Acid Chelate 20% - 5gm 3 Inc Amino Acid Chelate 20% - 5gm 4 Inc Secret 2 Inc Amino Acid Chelate 20% - 5gm 3 Inc Amino Acid Chelate 20% - 5gm 4 Inc Secret 2 Inc Amino Acid Chelate 20% - 5gm 4 Inc Secret 2 Inc Amino Acid Chelate 20% - 5gm 5 Inc Amino Acid Chelate 20% - 5gm 4 Inc Secret 2 Inc Amino Acid Chelate 20% - 5gm 5 Inc Amino Acid Chelate 20% - 5gm 6 Inc Amino Acid Chelate 20% - 5gm 7 Inc Amino Acid Chelate 20% - 5gm 8 Inc Amino Acid Chelate 20% - 5gm 9 Inc Amino Acid Chelate 20% - 5gm 1 Inc Secret 2 Inc Amino Acid Chelate 20% - 5gm 1 Inc Secret 2 Inc Amino Acid Chelate 20% - 5gm 2 Inc Amino Acid Chelate 20% - 5gm 3 Inc Amino Acid Chelate 20% - 5gm 4 Inc Bocker 10gm 5 Inc Amino Acid Chelate 20% - 5gm 6 Inc Amino Acid Chelate 20% - 10gm 6 Inc Amino Acid Chelate 20% - 10gm 7 Inc Amino Acid Chelate 20% - 10gm 8 Inc Amino Acid Chelate 20% - 10gm 9 Inc Amino Acid Chelate 20% - 10gm 1 Inc Amino Acid Chelate 20% - 10gm 1 Inc Amino Acid Chelate 20% - 10gm 1 Inc Amino Acid Chelate 20% - 10gm 2 Inc Amino Acid Chelate 20% - 10gm 3 Inc Amino Acid Chelate 20% - 10gm 3 Inc Amino Acid Chelate 20% - 10gm 4 Inc Amino Acid Chelate 20% - 10gm 5 Inc Amino Acid Chelate 20% - 10gm 6 Inc Amino Acid Chelate 20% - 10gm 7 Inc Amino Acid Chelate 20% - 10gm 7 Inc Amino Acid Chelate 20% - 10gm 8 Inc Amino Acid Chelate 20% - 10gm 9 Inc Amino Acid Chelate 20% -	Hysson	lm ₈ /	Pycnogenol - 10mcg	Copper Amino Acid Chelate 20% :	Vitamine:	-
Sin Un Intang - 2gm I, gml I	Liuniper Berry	1,6ml	Safix Alba (White Willow) - 10gm 1:1		VII C - 198m	
avoury 1,6ml Wu Jia Pi - 2gm 1,6ml Yan Hu Suo - 2gm 1,6ml Spkees: 1,6ml Asdoetkia - 10gm 1,6ml Cayenue Pepper - 10gm 1,6ml Cayenue Pepper - 10gm 1,6ml Cayenue Pepper - 10gm Cocourt Cream Block - 10gm Cocourt Cream Block - 10gm Dill Seeds - 10gm Fanugreek - 10gm Ginger - 10gm Horsenadish Ribbled - 10gm Mace Ground - 10gm	Camp Grass	lm ₉ /	Shu Di Ruang - 4gm	Garic - ogm	VIT E D - Alpha Tocapherol - 10gm	
1/6ml Yan Hu Suo - 2gm 1/6ml 2h Zi - 2gm 2h Zi - 2gm 1/6ml 8plees: 1/6ml Cayenue Pepper - 10gm 1/6ml Cayenue Pepper - 10gm Cayenue Pepper - 10gm Cayenue Pepper - 10gm Cocourt Cream Block - 10gm Cocourt Cream Block - 10gm Dill Seeds - 10gm Fenugreek - 10gm Ginger - 10gm Horsenedish Ribbled - 10gm Maca Ground - 10gm	Mountain Savoito	1,6mf	Wu Jia Pi - Zem	Inositot Zagm		
lum 1/6ml 2h Zi - 2gm 1/6ml Spless: Asafostida - 10gm 1/6ml Cayenne Pepper - 10gm Cayenne Pepper - 10gm Color Satt - 10gm Cocourt Cream Block - 10gm Cortander - 10gm Cortander - 10gm Dill Seeds - 10gm Fanugreek - 10gm Ginger - 10gm Horsenadish Rebbled - 10gm Mace Ground - 10gm	Nisonili di Nisonili	lmg/L	Yan Hu Suo - 2gm	fron Gluconate 12.5% - Tugin		
1,6m) Acafostida - 10gm 1,6m) Cayenne Pepper - 10gm 1,6m) Celery Salt - 10gm Cocourt Cream Block - 10gm Cociander - 10gm Cociander - 10gm Dil Seeds - 10gm Fenugreek - 10gm Ginger - 10gm Horsenadish Ribbled - 10gm Maca Ground - 10gm Maca Ground - 10gm Maca Ground - 10gm Maca Ground - 10gm	Billian Const	/wm/	Zhi Zi - 2gm	Mineral Clay Powders - 15gm		•
Spices:		m"/	,	Zinc Amino Acid Chelate 20% -		
m ₀ , m ₀ ,	Kosemary	, m	Spices:	Sgm		
lm ₀ / ¹	Sweet Marjoranii	July,	Caverne Pencer - 10gm			
Jmov,	l agestes		Celery Salt - 10am			
	Thyme Red		Chill Powder - 10gm			
_ 78 E.×	Ylang Ylang	E,	Coconut Cream Block - 10gm			
_ Z =×			Corlander - 10gm			
_ 78 & ×			Diii Seeds - 10gm			
7 E ×			Fenugreek - Tugin	-		
B-⊀			Horseradish Ribbled - 10gm	-		
Ķ			Mace Ground - 10gm			
			Mustard Seed plack - 19811 Ords Root - 10cm			

Cold Antijdote Coughs/Bronchitis Influenza Antijdote "-*Preumonia Essental Ols Herbs/spices Influenza Antijdote "-*Preumonia Bergandi Land Antijdote Preumonia "-*Preumonia Bergandi Land Antijdote Herbs/spices Honey-Zami Preumonia Bergandi Land Antijdote Honey-Zami Honey-Zami Honey-Zami Honey-Zami Chandonia Roman "Ami Echhazea Agustidia - 10gm (f.1) Bee Propolis - 4.1 - 5gm Amice Etg. Honey-Zamin (and and and and and and and and and and	Product Formula C1	(Pre + F	(Prevention) - 2 capsules x 3 tim	sules x 3 times daily for 20 days 2 sessions with Aromatherapist/Reflexologist (osules x 3 times daily for 20 days 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)	days apart)
Herbs: 5:1 Honey Products Honey Lear 20m Honey Le	Cold Antidote	Cont	ghs/Bronchitis	Influenza Antidote	**Pneumonia	
	Essential Oils		Herbs/Spices	Base	ngredients	Flavouring
	Bergamot		Herbs: 5:1	Honey Products	Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml
	Chamomile German	1,eml	Da Huang - 2gm	Royal Jelly - 3:1 - 7gm	Aloe Vera:	Indian Brandee - 20ml
Fr Cha - 2gm	Chamomite Maroc	lm ₀ /,		Bee Propolis - 4:1 - 5gm	Over 70 nutrients - 1/4 litre	Vanilla - 50gm
Jen Jen	Chamomile Roman	1/eml				
Jie Geng - 2gm	Cinnamon Leaf	1/8ml	Jin Yin Hua - 29m	Enzymes/Minerals	Amino Acids:	
Jam Lian Zi (Red) - 2gm Vegetable Enzymes - 15gm Long Yan Rou - 2gm Vegetable Enzymes - 15gm Jam Long Yan Rou - 2gm Mineral Estatus Jam Sang Ye - 2gm Mineral Estatus Jam Su Mu - 2gm Calcium Amino Acid Chelate 20% - 10gm Jam Spices:	Clove Buds	1/eml	Jie Geng - 2gm	Enzymes:	L- Threonine - 15gm	
Niu Bang Zi - 2gm Niu Bang Zi - 2gm Sang Ye - 2gm Calcium Amino Acid Chelate 20% - 1/4ml Spices: 1/4ml Spices: 1/4ml Spices: 1/4ml Spices: 1/4ml Spices: 1/4ml Spices: 1/4ml Cassia - 10gm Inositol 25gm	Eucalyptus Globulus	1/em	Lian ZI (Red) - 2gm	Vegetable Enzymes - 15gm	Superoxide Dismutase (S.O.D.) - 15gm	
1,6ml Sang Ye - 2gm 1,0ml Bang 21 - 2gm Sang Ye - 2gm Sang Ye - 2gm Sang Ye - 2gm Lagim Sang Ye - 2gm Logim Sang Ye - 2gm Logim Wu Jia Pi - 2gm Logim Mu Jia Pi - 2gm Copper Amino Acid Chelate 20% - 1,6ml Spices:	Fennel	1/sml	Long Yan Rou - 2gm			
sop '/aml Sun Britan Calcium Amino Acid Chelate 20% - 10gm per '/aml Sun Britan Calcium Amino Acid Chelate 20% - 10gm on Grass '/aml Xing Ren - 2gm Copper Amino Acid Chelate 20% - 15gm ntain Savoury '/aml Asafoetidia - 10gm Copper Amino Acid Chelate 20% - 15gm ntain Savoury '/aml Asafoetidia - 10gm Inositol 25gm uii '/aml Cassia - 10gm Inositol 25gm uii '/aml Coconut Cream Block - 10gm Inositol 25gm uii '/aml Coconut Cream Block - 10gm Mineral Clay Powders - 15gm ish Marjoram '/aml Fenugreek - 10gm Zinc Amino Acid Chelate 20% - 5gm ish Marjoram '/aml Horseradish Ribbled - 10gm Sgm ish Marjoram '/aml Auliper Berries - 10g Sgm ishes '/aml Auliper Berries - 10g Sgm	Frankincense	lm ₈ /	Sand Ye - 20m	Minerals:	Vitamins:	
Wu Jia Pi - 2gm 10gm 10gm 10gm 10gm 10gm 10gm 10gm 15gm 10gm 1,6ml 1,6	Hyssop	lm _e /,	Su Mu - 2am	Calcium Amino Acid Chelate 20% -	VIT C - 15gm	
on Grass 1/6ml Xing Ren - 2gm nlain Savoury 1/6ml Spices: 1/6ml Spices: 1/6ml Asafoetidia - 10gm uli 1/6ml Cassia - 10gm couli 1/6ml Corinii Powder - 10gm 1/6ml Corinider - 10gm 1/6ml Corinder - 10gm 1/6ml Corinder - 10gm 1/6ml Horseradish Ribbled - 10gm 1/6ml Horseradish Ribbled - 10gm 1/6ml Juniper Berries - 10g 1/6ml Juniper Berries - 10g 1/6ml Onlon - 10gm	Juniper	lm ₈ /		10gm	VIT E D - Alpha Tocapherol - 10gm	
hlain Savoury 1/sml Asafoetidia - 10gm 1/sml Cassia - 10gm 1/sml Cassia - 10gm 1/sml Coconut Cream Block - 10gm 1/sml Coconut Cream Block - 10gm 1/sml Cociander - 10gm 1/sml Cociander - 10gm 1/sml Fenugreek - 10gm 1/sml Horseradish Ribbled - 10gm 1/sml Juniper Berries - 10g 1/sml Auniper Berries - 10g 1/sml Onion - 10gm 1/sml Onion - 10gm	Lemon Grass	lm ₈ /		Copper Amino Acid Chelate 20% -		
le Red '/eml Asafoetidia - 10gm Jeml Cassia - 10gm Jeml Cassia - 10gm Jeml Chilli Powder - 10gm Jeml Coconut Cream Block - 10gm Coconut Cream Block - 10gm Jeml Coriander - 10gm Jeml Cream of Tartar - 10gm Jeml Fenugreek - 10gm Jeml Horseradish Ribbled - 10gm Jeml Horseradish Ribbled - 10gm Jeml Mace Ground - 10gm Jeml Onion - 10gm Jeml Onion - 10gm	Mountain Savoury	l _{sm}		15gm		
uii '/eml Cassia - 10gm houli '/eml Chilli Powder - 10gm '/eml Chilli Powder - 10gm '/eml Coconut Cream Block - 10gm '/eml Coriander - 10gm '/eml Coriander - 10gm '/eml Coriander - 10gm '/eml Fenugreek - 10gm '/eml Fenugreek - 10gm '/eml Horseradish Ribbled - 10gm stes '/eml Juniper Berries - 10g '/eml Mace Ground - 10gm '/eml Onion - 10gm	Myrtle Red	1/eml		Garlic - 5gm		
roull 1/6ml Chilli Powder - 10gm 1/6ml Coconut Cream Block - 10gm 1/6ml Coconut Cream Block - 10gm 1/6ml Coriander - 10gm 1/6ml Cream of Tartar - 10gm 1/6ml Fenugreek - 10gm 1/6ml Horseradish Ribbled - 10gm 1/6ml Juniper Berries - 10g 1/6ml Mace Ground - 10gm 1/6ml Onion - 10gm	Niaouti	lm ₈ /		Inositol 25gm		-
1/8ml Coconut Cream Block - 10gm 1/8ml Coriander - 10gm 1/8ml Coriander - 10gm 1/8ml Cream of Tartar - 10gm 1/8ml Fenugreek - 10gm 1/8ml Horseradish Ribbled - 10gm 1/8ml Juniper Berries - 10g	Patchouli	lm ₈ /	-	Iron Gluconate 12.5% - 10gm		
1/eml Coriander - 10gm 1/eml Cream of Tartar - 10gm 1/eml Fenugreek - 10gm 1/eml Horseradish Ribbled - 10gm 1/eml Juniper Berries - 10g 1/eml Mace Ground - 10gm 1/eml Onlon - 10gm	Pine	lms/		Mineral Clay Powders - 15gm		-
1/6ml Cream of Tartar - 10gm 1/6ml Fenugreek - 10gm 1/6ml Horseradish Ribbled - 10gm 1/6ml Juniper Berries - 10g 1/6ml Mace Ground - 10gm 1/6ml Onion - 10gm	Rose Geranium	lms/		Zinc Amino Acid Chelate 20% -		
1/sml Fenugreek - 10gm 1/sml Horseradish Ribbled 1/sml Juniper Berries - 10g 1/sml Mace Ground - 10gm 1/sml Onion - 10gm	Rosemary	lm ₈ /	mg	mgc		
1/6ml Horseradish Ribbled 1/6ml Juniper Berries - 10g 1/6ml Mace Ground - 10gm 1/6ml Onion - 10gm	Spanish Marjoram	1,eml	Fenugreek - 10gm			-
lm ₀ , ¹ lm ₀ , ¹ lm ₀ , ¹	Sweet Thyme	1,eml				
m ₉ /t	Tagestes	lm ₉ /	Juniper Berries - 10g			
lm ₀ /t	Thyme Red	lme/,	Mace Ground - 10gm			
lm³/,	Ylang Ylang	lm ₉ /	Onion - 10gm			
		m ₉ /,				

Product Formula C2	(Cure	(Cure) - Phial (single 50ml dose) + + Formula Z - CRC2 - 2 sessions wit) th Aromatherapist/Reflexol Aromatherapist/Reflexolo	le 50ml dose) - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart) 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)	n 7 days apart) 7 days apart)
Cold Antidote	Coug	Coughs/Bronchitis	*Influenza Antidole	lote **Pneumonia	
Essential Oils		Herbs/Spices		Base Ingredients	Flavouring
Camphor Chamornile Roman Eucalyptus Globulus Grand Fir Juniper Melissa Patchouli Tagestes	1,6m1 1,6m1 1,6m1 1,6m1 1,6m1 1,6m1	Herbs: 5:1 Che Dian Cao - 2gm Dan Shen - 2gm Echinacaea Angustifolia - 10gm Huang Lian - 2gm Jie Geng - 2gm Jie Geng - 2gm Lian ZI (Red) - 2gm Long Yan Rou - 2gm Niu Bang Zi - 2 gm Sang Ye - 2gm Xing Ren - 2gm Alispice - 10gm Cinnamon Sugar - 10gm	Honey Products Royal Jelly - 10gm Bee Propolis - 10gm	Vitamins/Amino Acids VIT C - 15gm Inositol - 10gm Lysine (Amino Acid) - 10gm	Honey - 20ml Indian Brandee - 20ml Vanilla - 50gm

Mental Breakdown Post Natal Depression Stress lices Base Ingredients Honey Products Royal Jelly - 3:1 - 7gm Royal Jelly - 7gm Roya	Product Formula D		- 2 capsules 3 times daily over 20 days - + Followed by Formula F - Clarissa Balancing System - 2 sessions with Aromatherapist/Reflexologist (n	Stimes daily over 20 days y Formula F - Clarissa Balancing System is with Aromatherapist/Reflexologist (minimur	times daily over 20 days / Formula F - Clarissa Balancing System s with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)	oart)
Fasential Oils	Clinical Depression (inhe	rited)		Mental Breakdown	*Psychopathical	Social Violence
Persential Oils	Hypertension		*Lifestyle Depression	Post Natal Depress		
	Essential Oils		Herbs/Spices	Base	Ingredients	Flavouring
not ',4ml Bai Dou Kou - 2gm Royal Jelly - 3.1 - 7gm Aloe Ver 3: 1.7gm Aloe Ver 3: 1/10 nmile German ',4ml Bai Guo Ye (Ginkgo) - 2gm Bee Propolls - 4: 1 - 5gm Over 7: 0 nutrients - 3, litre nmile Maroc ',4ml Bai He - 2gm Enzymes/Minerals Amino Acids: -15gm Over 7: 0 nutrients - 3, litre non Leaf ',4ml Dar Huang - 2gm Enzymes/Minerals Amino Acids: -15gm Prosphetidyl Cholim - 10gm bud Stobulus ',4ml Du Zhong - 2gm Vegelable Enzymes - 15gm Prosphetidyl Cholim - 10gm bud Stobulus ',4ml Grapesed - 16mcg Amino Acid Chelate 20% - Vitamins - 15gm Superoxide Dismutase (S.O.D.) - 15gm cense ',4ml Sum - 2gm Copper Amino Acid Chelate 20% - Vitamins - 10gm Vit E.D Alpha Tocapherol - 10gm drassed - 10gm Mineral Clay Powders - 15gm Vit E.D Alpha Tocapherol - 10gm Mineral Clay Powders - 15gm s I,4ml Ansised - 10gm Mineral Clay Powders - 15gm Ansised - 10gm s I,4ml Founder - 10gm Annio Acid Chelate 20% - VIT ED - Alpha Tocapherol - 10gm s I,4ml <td>Basil</td> <td>lm₈/</td> <td>Herbs: 5:1</td> <td>Honey Products</td> <td>Aloe Vera/Amino Acids/ Vitamins</td> <td>Honey - 20ml</td>	Basil	lm ₈ /	Herbs: 5:1	Honey Products	Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml
maile German 1, am Instead Bai Guo Ve (Ginkgo) - 2gm Bee Propolis - 4:1 - 5gm Over 70 nuttients - 3/ litre mile Maroc 1, am Instead Bai Guo Ve (Ginkgo) - 2gm Bee Propolis - 4:1 - 5gm Over 70 nuttients - 3/ litre mile Maroc 1, am Instead Bai Guo Ve (Ginkgo) - 2gm Enzymes/Minerals Amino Acids non Leaf 1, am Instead Day Shan - 2gm Enzymes L'Threonine - 15gm duds 1, am Instead Du Zhong - 2gm Mineralis L'Threonine - 15gm blus Globulus 1, am Instead Du Zhong - 2gm Mineralis L'Threonine - 15gm cense 1, am Instead Pycnogenol - 10mcg Copper Amino Acid Chelate 20% - VITE D - Apha Tocapherol - 10gm cense 1, am Instead - 10gm Mineral Cialy Powders - 15gm Anti C - 15gm Grass 1, am Instantion Anised - 10gm Mineral Cialy Powders - 15gm Anti C - 15gm ny 1, am Instantion Contander - 10gm Mineral Cialy Powders - 15gm Antino Acid Chelate 20% - VITE D - Apha Tocapherol - 10gm s 1, am Instantion Contander - 10gm Mineral Cialy Powders - 15gm Mineral Cialy Powders - 15gm n	Bergamot	lm ₈ /	Bai Dou Kou - 2gm	Royal Jelly - 3:1 - 7gm	Aloe Vera:	Indian Brandee - 20ml
maile Maroc J _e ml Name Bai He - 2gm Enzymes/Minerals lamb Da Huang - 2gm Enzymes lamb Dang Shen - 2gm Enzymes buds J _e ml Du Zhong - 2gm Vegetable Enzymes - 15gm buds J _e ml Er Cha - 2gm Vegetable Enzymes - 15gm buds J _e ml Er Cha - 2gm Vegetable Enzymes - 15gm cense J _e ml Er Cha - 2gm Vegetable Enzymes - 15gm cense J _e ml Er Cha - 2gm Mineral 2gm cense J _e ml Grapeseed - 16mcg Calcium Amlno Acid Chelate 20% - 16gm uit J _e ml Yin Yang Huo - 2gm Copper Amino Acid Chelate 20% - 15gm J _e ml Yin Yang Huo - 2gm Gartic - 5gm J _e ml Yin Yang Huo - 2gm Gartic - 5gm J _e ml Asafoetidia - 10gm Mineral Clay Powders - 15gm Instruction J _e ml Coconut Ground - 10gm Sgm Instruction J _e ml Horseadish Ribbled - 10gm Aigm Instruction J _e ml Horseadish Ribbled - 10gm	Chamomile German	lme/	Bai Guo Ye (Ginkgo) - 2gm	Bee Propolis - 4:1 - 5gm	Over 70 nutrients - % litre	Vanilla - 50gm
Jemi	Chamomile Maroc	lm _e /	Bai He - 2gm			
Jems	Chamomile Roman	lm ₈ /	Da Huang - 2gm	Enzymes/Minerals	Amino Acids:	
Suds 1,em1 Du Zhong - 2gm Vegetable Enzymes - 15gm Potus Globulus 1,em1 Er Cha - 2gm Minerals: Cocount Cream Block - 10gm Indian 1,em1 Aminoratical - 10gm Mane - 2gm Mineral Es Indian 1,em1 Vu Jia Pi - 2gm Copper Amino Acid Chelate 20% - 10gm Indian Indian 2gm (Not UK) 15gm In Savoury In Na - 2gm (Not UK) 15gm In Savoury In Na - 2gm (Not UK) 15gm In Savoury In Na - 2gm (Not UK) 15gm In Savoury In Na - 2gm (Not UK) 15gm In Savoury In Na - 2gm (Not UK) 15gm In Savoury In Na - 2gm (Not UK) 15gm In Savoury In Na - 2gm (Not UK) 15gm In Savoury In Na - 2gm (Not UK) 15gm In Savoury In Na - 2gm (Not UK) 15gm In Savoury In Na - 2gm (Not UK) 15gm In Savoury In Na - 2gm (Not UK) 10gm In Savoury In In Na - 2gm (Not UK) 10gm	Cinnamon Leaf	lm ₈ /	Dang Shen - 2gm	Enzymes:	L-Threonine - 15gm	
feet of the second of the se	Clove Buds	lm ₈ /	Du Zhong - 2gm	Vegetable Enzymes - 15gm	Phosphetidyl Cholim - 10gm	
J _e m Grapeseed - 15mcg Minerals:	Eucalyptus Globulus	lue/	Er Cha - 2gm		Superoxide Dismutase (S.O.D.) - 15gm	
Verification Veri	Fennel	lm ₈ /	Grapeseed - 15mcg	Minerals:		
1,6m Su Mu - 2gm 10gm 10gm 1,6m Su Mu - 2gm Not UK 15gm Copper Amino Acid Chelate 20% - 15gm Yin Yang Huo - 2gm Inositol 25gm Inosit	Frankincense	/eml	Sul Ban - Zgm Dyenomenol - 10mca	Calcium Amino Acid Chelate 20% -	Vitamins:	
Grass '/eml Tian Ma - 2gm (Not UK) 15gm '/eml Yin Yang Huo - 2gm Gartic - 5gm '/eml Yin Yang Huo - 2gm Gartic - 5gm '/eml Splces: '/eml Splces: '/eml Splces: '/eml Assfoetidia - 10gm '/eml Coconut Cream Block - 10gm '/eml Coconut Ground - 10gm '/eml Fenugreek - 10gm '/eml Horseradish Ribbled - 10gm Mace Ground - 10gm Mace Ground - 10gm Mace Ground - 10gm '/eml Horseradish Ribbled - 10gm Mixed Spices Sweet - 10gm	Grapefruit	lm ₀ /	Su Mu - 29m	10gm	VIT C - 15gm	
Grass '/eml Wu Jia Pi - 2gm '/eml Yin Yang Huo - 2gm '/eml Shces: '/eml Shces: '/eml Aniseed - 10gm '/eml Asafoetidia - 10gm '/eml Coconut Cream Block - 10gm '/eml Coconut Cream Block - 10gm '/eml Coconut Ground - 10gm '/eml Fenugreek - 10gm '/eml Fenugreek - 10gm Mace Ground - 10gm Mace Ground - 10gm Mace Ground - 10gm Mace Ground - 10gm	Hyssop	Im ₈ /,	ş	Copper Amino Acid Chelate 20% -	VIT E D - Alpha Tocapherol - 10gm	
Grass '/emi Yin Yang Huo - 2gm '/emi Spices: '/emi Aniseed - 10gm '/emi Asafoetidia - 10gm '/emi Asafoetidia - 10gm '/emi Asafoetidia - 10gm '/emi Coconut Cream Block - 10gm '/emi Coconut Ground - 10gm '/emi Fenugreek - 10gm '/emi Fenugreek - 10gm Mace Ground - 10gm	Juniper	lms/	Wu Jia Pi - 2gm	Togm		
in Savoury 1/eml Aniseed - 10gm 1/eml Asafoetidia - 10gm 1/eml Asafoetidia - 10gm 1/eml Cocint Cream Block - 10gm 1/eml Coconut Cream Block - 10gm 1/eml Cocint Ground - 10gm 2	Lemon Grass	J'emi	Yin Yang Huo - 2gm	Garlic - bgm		
In Savoury 1/6ml Asafoetidia - 10gm 1/6ml Asafoetidia - 10gm 1/6ml Chilli - 10gm 1/6ml Coconut Cream Block - 10gm 1/6ml Coconut Ground - 10gm 1/6ml Coriander - 10gm 2	Melissa	TEU,	Spices:			
l'Ami Asafoetidia - 10gm l'Ami Chilli - 10gm Coconut Cream Block - 10gm l'Ami Coconut Ground - 10gm l'Ami Coriander - 10gm l'Ami Fenugreek - 10gm l'Ami Horseradish Ribbled - 10gm Mace Ground - 10gm Mace Ground - 10gm Mixed Spices Sweet - 10gm	Mountain Savoury	mø/,	Aniseed - 10gm	Iron Gluconate 12.5% - 1ugm		
'/eml Chilli - 10gm '/eml Coconut Cream Block - 10gm '/eml Coconut Ground - 10gm '/eml Coriander - 10gm '/eml Fenugreek - 10gm '/eml Horseradish Ribbled - 10gm Mace Ground - 10gm Mixed Spices Sweet - 10gm	Niaouli	lm ₀ /	Asafoetidia - 10gm	Mineral Ciay Powders - 10gm		
'/eml Coconut Cream Block - 10gm '/eml Coconut Ground - 10gm '/eml Coriander - 10gm '/eml Fenugreek - 10gm '/eml Horseradish Ribbled - 10gm Mace Ground - 10gm Mixed Spices Sweet - 10gm	Rose Geranium	Es/.	Chilli - 10gm	Ling Amino Acid Chelate 20% -		,
'/eml Coconut Ground - 1 '/eml Coriander - 10gm '/eml Fenugreek - 10gm '/eml Horseradish Ribbled Mace Ground - 10gr	Rosemary	lmg/,	Coconut Cream Block - 10gm			
	Sweet Marjoram	E,	Coconut Ground - 10gm			
¹ / ₆ mi Fenugreek - 10gm ¹ / ₆ mi Horseradish Ribbled Mace Ground - 10gr Mixed Spices Sweet	Tagestes	me/	Coriander - 10gm			
¹ / ₆ mi Horseradish Ribbled Mace Ground - 10gr Mixed Spices Sweet	Thyme Red	lm ₈ /	Fenugreek - 10gm	-		
Mace Ground - 10gm Mixed Spices Sweet - 10gm	Ylang Ylang	im ₈ /	Horseradish Ribbled - 10gm			
			Mace Ground - 10gm			

			•		
Ear Ache, Throat Infections	ະທ	Eye Retina	Gum Disorders Hav Fever	Mouth Infections Pharyngitis	Sinusitis
Eye Infections		Біаисопіа		Base Ingredients	Flavouring
Essential Oils		Herbs/spices			Honov 20mi
Position	lme/	Herbs: 5:1	Honey Products	Aloe Vera/Amino Acids/ Vitamins	trolley - zollif
Amseed	m _a ,	Da Huang - 2gm	Royal Jelly - 3:1 - 7gm	Aloe Vera:	maian bianaee - zonn
Bergamor	,	Er Clia - 2gm	Bee Propolis - 4.1 - 5gm	Over 70 nutrients - 1/4 litre	Vanilla - ougin
Camphor	E®,	Grapeseed - 15mcg			
Carrot	œ,	Jin Yin Hua - 2gm		Amino Acide:	
Chamomile German	/em	Pycnogenol - 10mcg	Enzymes/Minerals	Allillo Acido.	
Chamomile Maroc	lm ₈ /	Qiang Huo - 28m	<u>Enzymes:</u>	L-Infedime - Tayin	
Chamomile Roman	lm ₈ /	Salix Alba (White Willow) - 10gm	Vegetable Enzymes - 15gm	Superoxide Districtions (S.C.C.) - 128	
Cinnamon Leaf	lm ₈ /	1:1			
Clove Buds	lm ₈ /	Su Mu - zgm	Minerals:	Vitamins:	
	lm _s /	Jian Nan Aing - zgiii	Calcium Amino Acid Chelate 20% -	VIT C - 15gm	
	1, am	Wu Bel 21 - 29111	10gm	VIT E D - Alpha Tocapherol - 10gm	
Eucalypius Giobulus	1,	VVU JISTI - ZBITI	Copper Amino Acid Chelate 20% -		
Fennel	'e	Villy Neil - Zgilli Van Hil Silo - 2000	15gm		
Frankincense	ELB/.	7 1 2 1 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	Garlic - 5am		
Hazel	lm ₀ ,	TIII 7:	Inositol 25am		
Hyssop	lm ₈ /	Spices:	IIIOSIKOI EOSIIII		
Position Berry	1/eml	Arrowroot - 10gm	Iron Gluconate 12.3% - 10gm		_
	1,4ml	Asafoetidia - 10gm	Mineral Clay Powders - 15gm		
ravelluel	JE J	Chilli - 10gm	Zinc Amino Acid Chelate 20% -		
Lemon Grass	1,81	Cloves - 10am	. 5gm		
Mountain Savoury	III.8/	Cocount Crosm Block - 10am			
Niaouli	mø/,	Cocondi Cream Dioce - 10gm			
Peppermint	lm ₀ /	Coriander - Tugim			
Rose Geranium	lm ₈ /,	Fennel - 10gm			
Dosemany	Jmg/,	Fenugreek - 10gm			
Sweet Marioram	lm ₈ /	Horseradish Ribbled - 10gm			
Tanagae	lm ₈ /	Mace Ground - 10gm			
easeafte i	1, m	Mixed Spices - Sweet - 10gm			
Thyme Ked]	Paprika - Sweet - 10gm			
Thyme Sweet					
Ylang Ylang	im ₈ /.				

Product F	Product Formula F - CBA	2 sessions with Aromat	herapist/Reflexolo	with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)	mum 7 d	ays apart)
Clarissa C	Clarissa Carer - Personal Balancing System - Lack of Self Confidence	Ciarissa balancing System ancing System Confidence				
Flower	Essential Oils	Herbs/Spices		Base Ingredients		Carrier Oils
Agrimon - Iml Bergamot Crab Apple - Chamoml Iml Eucalyptu Sweet Fennel Chesfrut - Hyssop Iml Juniper Niaouli	s Globulus	1/6ml Herbs: 5:1 1/6ml Bai Dou Kou - 2gm 1/6ml Da Huang - 2gm 1/6ml Ji Xue Teng - 2gm 1/6ml Splces: 1/6ml Cassia Bark - 10gm		Aloe Vera Pure - 20ml Honey 20ml	4 0 I	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml

Product E	Product Formula F - CBR		2 sessions with Aromathe	raniet/Deflavolo	diet (minimim 9 hours and		
			Clarissa Balancing System	rapisundilexon. n	with A charact appearation of the film of the four sapart, maximum / days apart) flancing System	ı / days a _l	part)
Clarissa Ca	Clarissa Carer - Personal Balancing System	alanci	ing System				
	- Love and Contentment	onter	ntment				-
Flower							
Remedies	Essential Oils		Herbs/Spices		Base ingredients	Carri	Carrier Oils
Aspen - 1ml	Bergamot	lms/	'/sml Herbs: 5:1		Aloe Vera Pure - 20ml	Avocado - 10mi	- 10ml
Chicory - 1ml	Chicory - 1ml Chamomile Roman	l/eml	Vemi Da Huang - 2gm		Honey - 20ml	Granese	Granesped - 40ml
Gorse - 1ml	Gorse - 1ml Eucalyptus Globulus	lme/,	1/4ml Gou Teng - 2gm			Hazelnut 10ml	1001
Mimulus -	Fennel	1/sml					
-tm-	Hyssop	lm ₀ /	Vemi Spices:				
Vervain - 1ml Juniper	Juniper	lm ₈ /	Allspice Ground - 10gm				
Wild Rose - I	Niaouli	lm ₀ /	1/eml Dill Seeds - 10gm			·	

Product F	Product Formula F - CBC		2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart) Clarissa Balancing System	ogist (minimum 2 hours apart, maxi	imum 7 d	fays apart)
Clarissa Ca	Clarissa Carer - Personal Balancing System	anc	ing System			
	- Fear of Achievement	өлө	ment			
Flower	Essential Oils		Herbs/Spices	Base Ingredients		Carrier Oils
Beech - 1ml	Bergamot	E,	/aml Herbs: 5:1	Aloe Vera Pure - 20ml	1	Avocado - 10ml
Clematis -	Chamomile Roman	l" ₈ "	1/emt Da Huang - 2gm	Honey - 20mt	<u>-</u>	Grapeseed - 40ml
<u> </u>	Eucalyptus Globulus 1	E"/	1/sml Jin Ying Zi - 2gm		_	Hazelnut - 10ml
Hornbeam -	Fennel 1	/emt	Sang Ye - 2gm			
	Hyssop 1,	/ _e ml				
=		/aml	Spices:			
Mustard -	Niaouli 1	/mg/	1/sml Asafoetidia - 10gm			
Vine 1ml			Cloves Ground - 10gm			
_						

num 7 days apart)		Carrier Oils	Avocado - 10mi Grapeseed - 40mi Hazelnut - 10mi
gist (minimum 2 hours apart, maxim		Base Ingredients	Aloe Vera Pure - 20ml Honey - 20ml
2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart) Clarissa Balancing System	ng System '	Herbs/Spices	/eml Herbs: 5:1 /eml Da Huang - 2gm /eml Ye Ju Jua - 2gm /eml Spices: /eml Spices: /eml Fenugreek Powder - 10gm
	alancir alousy		m ₀ / ₁ m ₀ / ₁ m ₀ / ₁ m ₀ / ₁ m ₀ / ₁
Product Formula F - CBD	Clarissa Carer - Personal Balancing System - Anger & Jealousy	Essential Olis	Bergamot Chamomile Roman Eucalyptus Globulus Fennel Hyssop Juniper Niaouli
Product F	Clarissa C	Flower	Centuary - 1ml Elm - 1ml Impatiens - 1ml Walnut - 1mi Wild Oat - 1ml

	Product Formula F - CBE		2 sessions with Aromatherapi	2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)	urs apart, maximum 7	7 days apart)
(;)arissa (Jarissa Carer - Personal Balancing System	alanci	ing System			
	- Hate & Regret	iret				
Flower	Essential Oils		Herbs/Spices	Base Ingredients		Carrier Oils
Cerato - 1ml	Bergamot	lm ₈ /	/eml Herbs: 5:1	Aloe Vera Pure - 20ml		Avocado - 10ml
Gentian -	Chamomile Roman	lms/	1/6ml Da Huang - 2gm	Honey - 20ml		Grapeseed - 40ml
	Eucalyptus Globulus	lm ₈ /	1/sml Fu Pen Zi - 2gm			Hazelnut - 10ml
I leather -	Fennel	1/ ₈ ml		-		
1 <u>m</u>	Hyssop	1/smf	1/sml Spices:			
Oak - 1ml	Juniper	lm ₈ /	Caraway Ground - 10gm			
Rock Water -	Niaouli	1/sml	Chilli Powder - 10gm			
Scleranthus -						
1ml				-		

Product	Product Formula F - CBF		2 sessions with Aromather	erapist/Reflexold	ons with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)	mum 7	days apart)	
Clarissa C	Clarissa Carer - Personal Balancing System	alanci	organised Daramenting Systeming System					
	- Lack of Self Esteem	f Este	em .	·				
Flower	Essential Oils		Herbs/Spices		Base ingredients		Carrier Olls	
Cherry Plum	_	lm ₈ /	lerbs: 5:1		Aloe Vera Pure - 20ml		Avocado - 10ml	
	Chamomile Roman	<u>ш</u> ,,	Che Quian Cao - 2gm		Honey 20ml		Grapeseed - 40ml	
Holly - 1ml	Eucalyptus Globulus	lm _e /	Da Huang - 2gm				Hazelnut - 10ml	
Olive - 1ml	Fennel	,/em	Su Mu - 2gm					
Red	Hyssop	1/eml						
Chestnut -	Juniper	mg/,	Spices:					
Rock Rose -	Niaouli	lmg/	Arrowroot Ground - 10gm		_			
lm.			Cinnamon Ground - 10gm		***************************************			
White								
Chestnut -								
<u>E</u>								
							•	

Clarissa C≀			Calloga Parameter (S. C.		
	Clarissa Carer - Personal Balancing System - Mental Strength & Stamina	lancii ngth (ng System & Stamina		
Flower	Essential Oils		Herbs/Spices	Base Ingredients	Carrier Oils
Chestnut Bud I timl I timl Pine - 1ml Pine - 1ml Star of Bethlehem - 1ml	Bergamot Chamomile Roman Eucalyptus Globulus Fennel Hyssop Juniper	/eml /eml /eml /eml /eml	/ ₆ ml Herbs: 5:1 ' ₆ ml Da Huang - 2gm ' ₆ ml Gou Teng - 2gm ' ₆ ml Hu Huang Lian - 10gm ' ₆ ml Splces: ' ₆ ml Coriander Ground - 10gm	Aloe Vera Pure - zumi Honey - 20ml	Grapeseed - 40ml
1ml Willow - 1ml Rescue Remedy -					

Product F	Product Formula F - CBH		2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart) Clarissa Balancing System	st (minimum 2 hours apart, maximum 7 o	days apart)
Clarissa C	Clarissa Carer - Personal Balancing System - Guilt & Responsibility	alanci ponsi	ing System ibility		
Flower	Essential Olis		Herbs/Spices	Base Ingredients	Carrier Oils
Aspen - Ind Cherry Plum - Ind Ehn - Ind Itoneysuckle - Ind	Bergamot Chamomile Roman Eucalyptus Globulus Fennel Hyssop Juniper	/ ₆ ml / ₆ ml / ₆ ml / ₆ ml / ₆ ml / ₆ ml	Herbs: 5:1 Bai Guo - 2gm Da Huang - 2gm Hu Po - 2gm Hu Po - 2gm Spices: Cardamom - 10gm Fennel Powder - 10gm	Aloney - 20ml Honey - 20ml	Avocado - 10ml Grapeseed - 40ml Hazeliut - 10ml

Product F	Product Formula F - CBT		2 sessions with Aromather	apist/Reflexolog	2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)	ım 7 da	ys apart)
			Clarissa Balancing System	_			
Clarissa	Clarissa Carer - Personal Balancing System	lanci	ing System				
•	- Abuse, Trauma & Shock	ıma 8	& Shock				
Flower Remedies	Essential Oils		Herbs/Spices		Base Ingredients		Carrier Oils
Chicory - 1ml	Bergamot	lm ₈ /	Herbs: 5:1		Aloe Vera Pure - 20ml	A	Avocado - 10ml
Gorse - 1ml	e Roman	lm ₈ /	Chan Tui - 2gm	 -	Honey - 20ml	Ō	Grapeseed - 40ml
Rescue Remedy - 1ml		l'em!	'/ ₆ ml Da Huang - 2gm			Ÿ_	Hazelnut - 10ml
	Hyssop	1/8ml				-	
		lm ₉ /	Spices:		-		
	Niaouli	шв/,	Carob - 10gm				

Product F	Product Formula E - CBV		2 sessions with Aromatherapist/F	2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)	, maximum 7	days apart)
Clarissa Ba	Clarissa Balancing System - Bereavement/Loss					
Flower Remedles	Essential Oils		Herbs/Spices	Base Ingredients		Carrier Oils
Certaury - 1ml Cthcory - 1ml Hornbeam - 1ml Rock Water - 1ml	Certaury - 1ml Bergamot Ctscoy - 1ml Chamomile Roman Hombean - 1ml Eucalyptus Globulus Rock Water - Fennel 1ml Hyssop Juniper Niaouli	/emi /emi /emi /emi /emi /emi	1/sml Herbs: 5:1 1/sml Ba JI Tian - 2gm 1/sml Da Huang - 2gm 1/sml Xian He Cao - 2gm 1/sml Spices: 1/sml Anise Star - 10gm Chilli - 10gm	Aloe Vera Pure - 20ml Honey - 20ml		Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml

PRODUCT FORMULA BY AILMENT & ILLNESS

Product Formula G	Phial (Single 50ml dose)	-		
Gastroenteritis Sickness				
Essential Oils	Herbs/Spices	Vitamins/Amino Acids	Flavouring	
Chamomile Maroc Hyssop Lavender Niaouli	/ _f ml Herbs: 5:1 _f ml Bai Jiang Cao - 2gm _f ml Bai Zhu - 2gm _f ml Da Huang - 2gm _f ml Shen Jin Cao - 2gm	VIT C - 15gm Inositol - 25gm Vegetable Enzymes - 15gm	Vanilla - 50gm Honey - 10ml Indian Brandee - 10ml	49
	Spices: Carob - 10gm Coconut Powder - 10gm Fenugreek - 10gm			-

Product Formula H		Phial (Single 50ml dose)	:			
Headache Migraine						
Essential Oils		Herbs/Spices		Vitamins/Amino Acids	Flavouring	
Basil Bergamot Camphor Chamomile Roman Dill Eucalyptus Globulus Fennel Ginger Hyssop Juniper Niaouli	/emi /emi /emi /emi /emi /emi /emi /emi	Herbs: 5:1 Da Huang - 2gm Salix Alba (White Willow) - 10gm 1:1 Su Mu - 2gm Yan Hu Suo - 2gm Yang Rong Wan - 2gm (Patent) Spices: Caraway Ground - 10gm Fennel - 10gm		VIT C - 15gm Inositol - 25gm Vegetable Enzymes - 15gm		

50

Product Formula I		- 2 capsules 3 times daily	times daily over 20 days		
Infertility					
Escential Olls		Herbs/Spices	Base	Base Ingredients	Flavouring
Espellita Ciio	•		Honey Products	Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml
Basil	m ₉ /,	Herbs: 5:1	Roval Jelly - 3:1 - 7gm	Aloe Vera:	Indian Brandee - 20ml
Bergamot	11.0°		Rea Propolis - 4:1 - 5am	Over 70 nutrients - 1/4 litre	Vanilla - 50gm
Chamomile German	lu ₈ /	Ercha-zgm : iin zi 2am			
Chamomite Maroc	mø/,		s aseu V) se miss u	Amino Acids:	
Chamomile Roman	E,	Lian Zi (Red) - zgili		1-Threonine - 15am	
Cinnamon Leaf	lm ₈ /	Lu Jiao Shuang - Zym	Enzymes:	Supercycle Dismitase (SOD) - 15am	
Clove Buds	lm ₈ /	Su Mu - Zgm	Vegetable Enzymes - Togin	article of the second of the s	
Eucalyptus Globulus	lm ₉ /	Wu Jia Pl - zgm			
Fatique	lm ₈ /		Minerals:		
Fennel			Calcium Amino Acid Chelate 20% -	Vitamins	
Frankincense	lm ₈ /,	Spices:	10gm	VII C - 15gm	
	fww/	Asafoetidia - 10gm	Copper Amino Acid Chelate 20% -	VIT E D - Alpha Tocapherol - 10gm	
dosaku	lm _s /	Carob - 10gm	15gm		
adunc		Chilli Powder - 10gm	Garlic - 5gm		
Lavender		Cinnamon Sugar 10gm	Inositol 25gm		
Lemon Grass	1,8	Coconut Cream Block - 10gm	Iron Gluconate 12.5% - 10gm		•
Mountain Savoury	1 /8/III	Coriander - 10am	Mineral Clay Powders - 15gm		
Niaouli	EL®/	Congress 10am	Zinc Amino Acid Chelate 20% -		
Patchouli	E,	renugleer - togin	5gm		
Rose Geranium	ш°/.	Gingel - Togill Transmatch Dibbled - 10am	1		
Rosemary	E,,	Horsefadish Ribbied - 10gin			
Tagestes	lm ₈ /	Juniper Barries - 10gm		-	
Thyme Red	lm ₈ /	Mace Ground - 10gm			
Ylang Ylang	mø∕,				

maximum 7 days apart) maximum 7 days apart) ^Senile Dementia ase Shingles	Flavouring	Honey - 20ml Indian Brandee - 20ml Vanilla - 50gm - 15gm D.) - 15gm
t (minimum 2 hours apart, maxist (minimum 2 hours apart, maxist (minimum 2 hours apart, maxistee *Parkinson's Disease Psoriasis	Base Ingredients	Aloe Vera/Amino Acids/ Vitamins Aloe Vera: Over 70 nutrients - ¾ litre Copper Amino Acid Chelate - 15gm Cutamine - 15gm L-Threonine - 15gm Superoxide Dismutase (S.O.D.) - 15gm VIT C - 15gm VIT E D - Alpha Tocapherol - 10gm
s daily over 20 days 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart) 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart) 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart) 2 sessions with Aromatherapist (minimum 2 hours apart, maximum 7 days apart) 3 sensions "Herpes" 4 Sensions Sensions Labyrinthitis Psoriasis		Honey Products Royal Jelly - 3:1 - 7gm Bee Propolis - 4:1 - 5gm Enzymes: Vegetable Enzymes - 15gm Minerals: Calcium Amino Acid Chelate 20% 10gm Copper Amino Acid Chelate 20% - 15gm Garlic - 5gm Inositol 25gm Iron Gluconate 12.5% - 10gm Mineral Clay Powders - 15gm Zinc Amino Acid Chelate 20% - 5gm
times CRJ- CRN- CRN- De Ec: Ha	Herbs/Spices	Herbs: 5:1 Bai Guo Ye (Ginkgo) - 2gm Ba Ji Tian - 2gm Da Huang - 2gm Dang Shen - 2gm Er Cha - 2gm Grapeseed - 15mcg Pycnogenol - 10mcg Salix Alba (White Willow) - 10gm 1:1 Shu Di Huang - 2gm Su Mu - 2gm Wu Yao - 2gm Zhen Zhu Mu - 2gm Asafoetidla - 10gm Cayenne Pepper - 10gm Coriander - 10gm Coriander - 10gm Dill Seeds - 10gm Horseradish Ribbied - 10gm Mace Ground - 10gm
- 2 capsules 3 * + Formula 2 ** + Formula Z Athletes Foot *Batten's Disease		
**Acne	Essential Olls	Bergamot Camphor Chamornile German Chamornile Maroc Chamornile Roman Cinnamon Leaf Clove Buds Eucalyptus Globulus Frankincense Hyssop Juniper Lemon Grass Mountain Savoury Niaouli Rosemary Rose Geranlum Tagestes Thyme Red Ylang Ylang

Chicken Pox Chicken Pox Essential Oils Basil Bergamot Carrot Chamomile German Chamomile German Chamomile Maroc	Epilepsy			
1/sml	Massles	Mumps Scarlet Fever		
Ime,' Ime,' Ime,' Ime,' Ime,' Ime,'	Herbs/Spices	1	Base Ingredients	Flavouring
		Hopey Products	Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml
m ₀ /, tm ₀ /, lm ₀ /, lm ₀ /,	Herbs: 5:1	Down John 3:1 - Zam	Aloe Vera:	Indian Brandee - 20ml
lm ₀ ,' Im ₈ ,'	Chi Shao Yao - 2gm	Royal Jelly - 3.1 - 7871	Over 70 nutrients - % life	Vanilla - 50gm
lm ₈ /'	Da Huang - 2gm	Bee Propoils - 4:1 - 5gm		·
lm ₈ /'	Er Cha - 2gm		-	
lm _b /	Guo Teng - 2gm	<u>Enzymes/Minerals</u>	Amino Acids:	
	Huang Lian - 2gm	Enzymes:	L-Threonine - 15gm	
lma/	Mao Zhao Cao (Cats Claw) - 2gm	Vegetable Enzymes - 15gm	Superoxide Dismutase (S.O.D.) - 15gm	
July,	Mu Tong - 2gm			
[m ² / ₁	Niu Bang Zi - 2gm	Minerals:	Vitamins:	
spingois spid	Su Mu - 2gm	Calcium Amino Acid Chelate 20% -	VIT C - 15gm	
	Wu Jia Pi - 29m	10am	VIT E D - Alpha Tocapherol - 10gm	
Franklincense		Conner Amino Acid Chelate 20% -		
		Copper Amino Acid Cilelate 20%		
lm ₈ /	Asafoetidia - 10gm			
lma/'	Chilli Powder - 10gm	Garlic - 5gm		
Ju-	Coconut Cream Block - 10gm	Inositol 25gm		
la Savoury	Coconut Ground - 10gm	Iron Gluconate 12.5% - 10gm		
1 1	Coriander - 10pm	Mineral Clay Powders - 15gm		
_	Putch Caraway - 100m	Zinc Amino Acid Chelate 20% -		
		Sam		
Tagestes Fenu	Fenugreek - 10gm			
lm9/, pen	Horseradish - 10g			
lm9/	Mace Ground - 10gm			
	Mixed Spices Sweet - Toylin			

Birth Control Fasential Oils	Product Formula L		- 2 capsules 3 times daily over 20 days	over 20 days		
	Birth Control					
d '/eml Herbs: 6:1 Honey Products Aloe Vera/Amilno Acids' Vitamins not '/eml '/eml Da Huang - 2gm Royal Jelly - 3:1 - 7gm Aloe Vera: mile German '/eml He Zi - 2gm Bee Propolis - 4:1 - 5gm Over 70 nutrients - ½ litre mile Roman '/eml He Zi - 2gm Enzymes/Minerals Amino Acids: mule Roman '/eml Mac Ziao Cao (Cats Claw) - 2gm Enzymes/Minerals L'-Throonine - 15gm but Somutas '/eml Mu Hu Dio - 2gm Enzymes/Minerals L'-Throonine - 15gm but Sobulus '/eml Wu Jia Pi - 2gm Minerals: Cachtum Amino Acid Chelate 20% - VIT C - 15gm cense '/eml Spices: Capper Amino Acid Chelate 20% - VIT E D - Alpha Tocapherol - 10gm err '/eml Spices: Samic - 5gm fense I/eml Spices: Spim fense I/eml Spim Amino Acid Chelate 20% - VIT E D - Alpha Tocapherol - 10gm fense I/eml Cacount Cream Block - 10gm Mineral Clay Powders - 15gm fense I/eml	Essential Oils		Herbs/Spices	Base II	ngredients	Flavouring
Partie P		lm°/	Herbs: 5:1	Honey Products	Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml
		1,cm1	Da Hisana - 2am	Royal Jelly - 3:1 - 7gm	Aloe Vera:	Indian Brandee - 20ml
Female F	_	[m,	Fr Cha - 20m	Bee Propolis - 4:1 - 5gm	Over 70 nutrients - % litre	Vanilla - 50gm
Jin Ying Zi - 2gm		Jemi	He Zi - 2gm			
1,6ml 1,6m		lm _o /	Jin Ying Zi - 2gm	Enzymes/Minerals	Amino Acids:	
Mu Hu Die - 2gm Vegetable Enzymes - 15gm Value		Jue/	Mao Zhao Cao (Cats Claw) - 2gm	Enzymes:	L-Threonine - 15gm	
Su Mu - 2gm Wu Jia Pi - 2gm Wu Jia Pi - 2gm Vu Jia Pi - 2gm Togm		lm _s /	Mu Hu Die - 2gm	Vegetable Enzymes - 15gm	Superoxide Dismutase (S.O.D.) - 15gm	
Very Jia Pi - 2gm Mineralis: Calcium Amino Acid Chelate 20% - 1/6ml Yam - 2gm 10gm 1/6ml Spices: 1/6ml Asafoetidia - 10gm 1/6ml Cardamom - 10gm 1/6ml Cardamom - 10gm 1/6ml Cocount Cream Block - 10gm 1/6ml Fennel - 10gm 1/6ml 1/6		lme/	Su Mu - 2gm)		
1/em Yam - 2gm Catcium Amino Acid Chelate 20% - 1/em 1/em Spices:		lm"/	Wu Jia Pi - 2gm	Minerals:	Vitamins:	
1/6m 1/6m	9	lm./	Yam - 2gm	Calcium Amino Acid Chelate 20% -	VIT C - 15gm	
1/em Spices: 15gm Cardamom - 10gm Iron Gluconate 12.5% - 10gm 1/em Coconut Cream Block - 10gm 1/em Fennel - 10gm Sgm 1/em Fennel - 10gm 1/em Fennel - 10gm 1/em Horseradish Ribbled - 10gm 1/em Mace - 10gm Onion - 10gm		E,		10gm	VIT E D - Alpha Tocapherol - 10gm	
1,6m Spices: 1,6m Spices: 1,6m Spices: 1,6m Spices: 1,6m Spices: 1,6m 1,				Copper Amino Acid Chelate 20% -		
Grass 1/ ₆ ml Asafoetidia - 10gm in Savoury 1/ ₆ ml Cardamom - 10gm cardamom - 10gm cardamom - 10gm lend cocount Cream Block - 10gm cocount Cream Block - 10gm lend cociander - 10gm lend fennel - 10gm lend fennel - 10gm lend fennel - 10gm lend fennel - 10gm Mace - 10gm Mace - 10gm Onion - 10gm				15am		
Grass '/ ₆ ml Asaroenda - 10gm '/ ₆ ml Cardamom - 10gm '/ ₆ ml Chilli Powder - 10gm '/ ₆ ml Coconut Cream Block - 10gm '/ ₆ ml Cociander - 10gm '/ ₆ ml Fennel - 10gm '/ ₆ ml Fennel - 10gm '/ ₆ ml Fennel - 10gm '/ ₆ ml Mace - 10gm '/ ₆ ml Onion - 10gm		Ę	Application 10gm	Garlio - Sam		
in Savoury if and in Savoury i		E,	Assicencia - 10gili	located 25cm		
eranium '/emi Conius Powder - 10gm '/emi Coconut Cream Block - 10gm '/emi Coriander - 10gm '/emi Fennel - 10gm '/emi Fennel - 10gm '/emi Horseradish Ribbled - 10gm Mace - 10gm Onion - 10gm	-	lms/	Cardamom - 10gm	Inca Guronate 12 5% - 10am		
Inlum 1/6ml Coclander - 10gm 1/6ml Fennel - 10gm 1/6ml Fenugreek - 10gm 1/6ml Mace - 10gm Mace - 10gm Onlon - 10gm		lm ₈ /	Chill Powder - Jugin	Misoral Clay Douders - 15am		
1/ ₆ ml Corlander - 10gm 1/ ₆ ml Fennel - 10gm 1/ ₆ ml Fenugreek - 10gm Horseradish Ribbled - 10gm Mace - 10gm	erantum	E,	Coconut Cream Block - Tugini	miller of the control		
d '/emi Fennel - 10gm '/emi Fenugreek - 10gm '/emi Horseradish Ribbled - 10gm Mace - 10gm Onion - 10gm	<u> </u>	mg/	Corlander - 10gm	Zinc Amino Acid Chelate 2078 -		
lm _b /'		IE9/	Fennel - 10gm	E A		
lm _b /,			Fenugreek - 10gm			
			Horseradish Ribbled - 10gm			
Onion - 10gm			Mace - 10gm			
		_	Onion - 10gm			

Glandular Fever Glandular Fever M.R.S.A.virus Essential Oils Regamot Camphor Chamomile German Chamomile Roman Chamomile Rom	Herbs/Spices Herbs/Spices :1 :7 :7 e (Ginkgo) - 2gm an - 2gm ang - 2ym ng - 2gm ang - 2gm and - 2gm and - 2gm and - 2gm and - 2gm	*Muscular Dystrophy *Thyroid Gland (over and under active) Base Ingredients Honey Products Royal Jelly - 3.1 - 7gm Bee Propolis - 4.1 - 5gm Over 70 nutrients	d under active)	Flavouring
Essential Oils Correction of Interest of	Herbs/Spices :1 o Ye (Ginkgo) - 2gm an - 2gm ng - 2gm ng - 2gm ed - 15mcg and - 15mcg ga Zi - 2gm an - 2gm	Honey Products Royal Jelly - 3:1 - 7gm Base In		Flavouring
Essential Oils not mile German mile German mile Roman non Leaf suds sud	e (Ginkgo) - 2gm - 2gm g - 2gm gm gm h - 2gm Cao (Cats Claw) - 2gm Cao 2gm	F	Base Ingredients	
not her	e (Ginkgo) - 2gm - 2gm g - 2gm - 2gm gm d - 15mcg n - 2gm Cao (Cats Claw) - 2gm Zi - 2gm	<u>Honey Products</u> Royal Jelly - 3:1 - 7gm Bee Propolis - 4:1 - 5gm	an I will be A middle () () and an ince	Honey - 20ml
mile German 1/sml mile Maroc 1/sml mile Roman 1/sml non Leaf 1/sml suds suds suts Globulus 1/sml veml cense 1/sml veml	2gm Claw) - 2gm	koyal Jelly - 3:1 - 7gm Bee Propolis - 4:1 - 5gm	Alco Vera/Amino Acids/ Vitalinis	Indian Brandee - 20ml
mile German mile Maroc	Claw) - 2gm	Bee Propolis - 4:1 - 5gm	Aloe Vera.	Vanilla - 50am
mile Maroc '/eml mile Roman '/eml hon Leaf '/eml suds '/eml stus Globutus '/eml '/eml '/eml '/eml '/eml '/eml '/eml	Claw) - 2gm		Over 70 numerus - 74 mre	3
mile Roman 1,4ml non Leaf 1,6ml suds 1,6ml stus Globulus 1,4ml teense 1,6ml 1,6ml 1,6ml	Claw) - 2gm		•	
ton Leaf Juds Juds Juds Juds Jumi Jumi Jumi Jumi Jumi Jumi Jumi	Claw) - 2gm	Enzymes/Minerals	Amino Acids:	
uds \int_{em} \int_{	Claw) - 2gm	Enzymes:	L-Threonine - 15gm	
tus Globulus '/eml' '/eml '/eml '/eml '/eml	Claw) - 2gm	Vegetable Enzymes - 15gm	Superoxide Dismutase (S.O.D.) - 13gm	
'/eml' '/eml' '/eml' '/eml' '/eml'				
''eml' ''eml' ''eml' ''eml' ''eml		Minerals:		
Cense 'ami	•	Calcium Amino Acid Chelate 20% -	Vitamins:	
m ₀ /, m ₀	x Alba (White Willow) - 10gm		VIT C - 15am	
/ ₆ m/ ₁ / ₆ m/ ₁		Course Amino Acid Chalata 20% -	VIT C Alpha Tocapherol - 10am	
[ms/,		15am		
	EB;			
_				
Melicsa 1/8ml				
in Savoury		Iron Gluconate 12.5% - 10gm		
l _l m ₀ / ₁	Asafoetidia - 10gm	Mineral Clay Powders - 15gm		
"1/emi		Zinc Amino Acid Chelate 2078 -		
lme/t multi-	Cinnamon Sugar - 10gm			
1/smt	Cloves 10gm			
[me/L	Coconut Cream Block - 10gm			
1/m ^g / ₁	Coriander - 10gm			
	Fenugreek - 10gm			
	Garlic - 10g			
_	Horseradish Ribbled - 10gm			
Junipe	Juniper Berries - 10gm			
Mace	Mace Ground - 10gm	-		-

Product Formula N		NUTRITIONAL AND BC	TIONAL AND BODY CLEANSING DRINK SUPPLEMENT	JPPLEMENT	
Immune System		- 10ml daily preferably a	- 10ml daily preferably at bedtime - 90 days supply		
Essential Oils		Herbs/Spices	Base	Base Ingredients	Flavouring
Basil	lm ₈ /	Herbs: 5:1	Honey Products	Aloe Vera:	Honey - 20ml
Bergamot	m ₈ /	bai cuo re (cinkgo) - igin Bai Zhi - 1am	Royal Jelly - 3:1 - 7gm	Over 70 nutrients including all vitamins Indian Brandee - 20ml	Indian Brandee - 20ml
Chamomile German	m _g /	Ban Xia - 1gm	Bee Propolis - 4:1 - 5gm	81-816 - % life	Vanilla - 50gm
Chamomile Maroc	E,	Boswellia Serrata - 5gm 1:1	Enzymes:		
Chamomile Roman	E,	Chai Hu - 1gm Da Hissa - 1cm	Co Enzyme Q10 - 10mcg	Amino Acids:	
Cinnamon Leaf	Ē,	Dang Gui (Dong Quai) - 1 gm	Vegetable Enzymes 4:1 - 7.5gm	Glucosamine (n-Acetyl-d) - 7.5gm	
Clove Buds	Ē,	Dang Shen - 1gm		Glutamine - 15gm	
Eucalyptus Globulus	Jus/,	Er Cha - 1gm	Minerals:	Hesperidin Complex - 7.5gm	
Fennel	m ₈ /,	Chamaelirium Lurea (Faise Unicom)	Calcium Amino Acid Chefate 20% -	Histidine - 7.5gm	
Frankincense	E,	Igm Gour Of Zill votime) = 10m	5gm	Isoleucine - 7.5gm	
Hyssop	lms/	Grapeseed - 15mca	Chromlum Niacin - 10mcg	L-Aspartic Acid - 7.5gm	
Juniper	l _{ns} ,	Lu Jiao Shuang - 1gm	Copper Amino Acid Chelate 20% -	L-Phenylalenine - 7.5gm	
Lemon Grass	l _{ne} /	Man Jing Zi - 1gm	7.5gm	Lecithin - 7.5gm	
Mountain Savoury	1,8ml	Mao Zhao Cao (Cats Claw) - 1gm	Levil's Craw - 7.3gm	Lysine - 7.5gm	
Niaouti	1/eml	Pychogenal - 10mca	mostici 12. agin	L-Taurine - 7.5gm	
Rose Geranium	lms/,	Rou Cong Rong - 1gm	Monocium Amino Acid Oboleto	L-Threonine - 7.5gm	
Rosemary	lm ₈ /	Safix Alba (White Willow) - 5gm 1:1	Magnesium Amino Acid Cileiale - 10cm	Phosphatidyl Choline - 10am	
Tagestes	lma/,	Shan Zha - 1gm	Mandanese Glucopate - 10am		
Thyme Red	lm/,	Su Mi - 1gm	Mineral Clay Powders 7 5cm		
Ylang Ylang	July,	Wu Jia Pi - 19m	Molybdenum - 7.5am	Vitamine:	•
		Yi Mu Cao - 1gm	Selenium Methionine 5% - 5am	Betacorofene Dunaliella Salina Algae	
		Yohlmbe (prescription only) - 1gm	Superoxide Dismutase (S.O.D.) -	2.5% - 7.5gm	
		Spices:	7.5gm	Biotin - 5mca	
			Zinc Amino Acid Chelate 20% -	Folic Acid - 15am	
			2.5gm	VIT C - 15cm	
		- Line		VITED Alghe Teachtree 40	
			Nutritional Oils & Fats	VII E D - Aprila 100aprilator - 10gm	
		3lock - 5gm	Cod Liver Powder - 7.5gm	K1 5% - 1gm	
	_	Coriander - 5gm	Evening Primrose - 15ml		
			Garlio Powder - 5gm		
			Linoleic acid - 7.5gm		
	_	- Sgm	Linolenic acid - 7.5gm		
	_	Mace Ground - Sam	Olive Oil - 15ml		

Herbs/Spices Basil Bergamot Carrot Chamomile German Chamomile Cassia - 10gm Conductoream Block - 10gm Conductoream Coream Block - 10gm Conductoream Coream Block - 10gm		Base In Honey Products Royal Jelly - 3:1 - 7gm Bee Propolis - 4:1 - 5gm Enzymes: Vegetable Enzymes - 15gm Minerals: Calcium Amino Acid Chelate 20% -	Base Ingredients Aloe Vera/Amino Acids/ Vitamins Aloe Vera: Over 70 nutrients - ¾ litre Amino Acids: L-Threonine - 15gm Superoxide Dismutase (S.O.D.) - 15gm Vitamins:	Flavouring Honey - 20ml Indian Brandee - 20ml Vanilla - 50gm
Essential Oils Jami Jami			VAmino Acids/ Vitamins i: utrients - ¾ litre ids: ne - 15gm e Dismutase (S.O.D.) - 15gm	Honey - 20ml Indian Brandee - 20m Vanilla - 50gm
not ''eml ''			ents - ½ litre : 15gm Ismutase (S.O.D.) - 15gm	Indian Brandee - 20m Vanilla - 50gm
mile German ''eml mile German ''eml mile Maroc ''eml mile roman ''eml uds ''eml uds tus Globulus ''eml ''eml tus Globulus ''eml ''eml ''eml ''eml ''eml ''eml ''eml ''eml ''eml			Over 70 nutrients - 1/4 litre Amino Acids: L-Threonine - 15gm Superoxide Dismutase (S.O.D.) - 15gm Vitamins:	Vanilla - 50gm
mile German mile Maroc lember mile Maroc lember l	Min Veg Cake		Amino Acids: L-Threonine - 15gm Superoxide Dismutase (S.O.D.) - 15gm Vitamins:	
mile German ''eml mile Maroc ''eml mile roman ''eml on Leaf ''eml uds ''eml tus Globulus ''eml ''eml cense ''eml ''eml ''eml ''eml ''eml ''eml ''eml ''eml ''eml	Enz Enz Veg Cak		Amino Acids: L-Threonine - 15gm Superoxide Dismutase (S.O.D.) - 15gm Vitamins:	
mile Maroc ''ami mile roman ''ami on Leaf ''ami uds ''ami tus Globulus ''ami ''ami cense ''ami ''ami Grass ''ami ''ami ''ami ''ami	MIN Veg Cak		L-Threonine - 15gm Superoxide Dismutase (S.O.D.) - 15gm Vitamins:	
mile roman 'smi' on Leaf 'smi' uds 'smi' tus Globulus 'smi' 'smi' cense 'smi'	MIN Veg		Superoxide Dismutase (S.O.D.) - 15gm Vitamins:	
on Leaf '/eml uds '/eml tus Globulus '/eml '/eml cense '/eml '/eml '/eml '/eml '/eml '/eml '/eml '/eml '/eml	Veg Cak		Vitamins:	
uds '\emi tus Globulus '\emi cense '\emi	Cak 10g		Vitamins:	
tus Globulus '/eml tense '/eml '/eml '/eml '/eml '/eml Grass '/eml '/eml '/eml '/eml '/eml	Cak 10g		Vitamins:	
Grass 'emi	Cake Control		1/1 15gm	
Grass ''emi	100		- InRo O IIA	
Grass 'semi Grass 'semi 'semi 'semi 'semi 'semi 'semi 'semi		Win Min	VIT E D - Alpha Tocapherol - 10gm	
Grass '/eml '/eml '/eml '/eml '/eml '/eml '/eml '/eml '/eml		Copper Amino Acid Chelate 20% -		
Grass '/eml		15am		
Grass 1/8ml 1/8ml In Savoury 1/8ml 1/8ml				
In Savoury 'lemi'	-	Garlic - bgm		
n Savoury 1,6ml	lnos	Inositol 25gm		
n Savoury 'gml		Iron Gluconate 12.5% - 10gm		
lm ₀ /,	k - 10am	Mineral Clay Powders - 15gm		
ms/,		Zinc Amino Acid Chelate 20% -		
-	Sgm	E		
lm ₉ /				
lme/,				
J03-7 ₁	ed - 10gm			
, , , , , , , , , , , , , , , , , , ,				
		-	7-	
Turmaric - 10am				

Libido Essential Otis Prostrate Gland Libido Essential Otis Educación Libido Essential Otis Herbs/Spices H	Product Formula P		- 2 capsules 3 times daily over 20 days	over 20 days		
Herbs: 5:1 Herbs: 5:1 Honey Products Honey Careadamino Acids/ Vitamins Honey Careadamino Acids/ Vitamins Honey Careadamino Acids/ Vitamins Honey Careadamino Acids/ Vitamins Honey Careadamino Acids Honey Careada	Impotence Libido		Prostrate Gland			
			Herbs/Spices	Base	ngredients	Flavouring
Jan Bai Guo Ye (Ginkgo) - 2gm Royal Jetty - 3:1 - 7gm Aloe Vera	i se i	lma/	Herbs: 5:1	Honey Products	Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml
Jame	Homeron	m _e /	ē	Royal Jelly - 3:1 - 7gm	Aloe Vera:	Indian Brandee - 20ml
Pang Gui (Dong Quai) - 2gm Encymes/Minerals Pang Gui (Dong Quai) - 2gm Encymes - 15gm Pang Gui - 2gm Pang Gui - 2gm Pang Can - 2gm Pang Pri - 2gm Pang Progenol - 10mcg Cancium Amino Acid Chelate 20% - 15gm Pang Progenol - 10mcg Cancium Amino Acid Chelate 20% - 15gm Pang Progenol - 10mcg Cancium Amino Acid Chelate 20% - 15gm Pang Progenol - 10gm Pang Progenol - 10gm Pang Progenol - 10gm Pang Prog	Chamomile German	lme/	Da Huang - 2gm	Bee Propolis - 4:1 - 5gm	Over 70 nutrients - 1/4 litre	Vanilla - 50gm
Formary Form	Chamornile Maron	m _e /	Dang Gui (Dong Quai) - 2gm	•		
Jam James end - 1 bmog Enzymes - 15gm James	Cilding Marce	,	Er Cha - 2gm	Forumes/Minerals	Amino Acids:	
Huang Ci - 2gm	Chamomie Noman		Grapeseed - 15mcg		Through Mam	
Globutus 1,6ml Jang Can - 2gm Vegetable Enzymes - 15gm Lu Jao Shuang - 2gm Minerals: 1,6ml Mai Ya - 2gm Calcium Amino Acid Chelate 20% - 15gm Mu Dan Pl 2gm Calcium Amino Acid Chelate 20% - 15gm Mu Dan Pl 2gm Calcium Amino Acid Chelate 20% - 15gm Nu Dan Pl 2gm Capper Amino Acid Chelate 20% - 15gm Nu Jam Pi - 2gm Garlic - 5gm Wu Jia Pi - 2gm Garlic - 5gm Wu Jia Pi - 2gm Garlic - 5gm Nu Jiam Yohimbe (Prescription only) - 2gm Inositol 25gm Inositol 25gm Mineral Clay Powders - 15gm Mineral Clay Powders - 15gm Aslocetidia - 10gm Cocount Cream Block - 10gm Coriander - 10gm Jimm Garlic - 10gm Garlic - 10gm Garlic - 10gm Garlic - 10gm Horseradish Ribbled - 10gm Mace Ground - 10gm Mace Ground - 10gm Mace Ground - 10gm	Cinnamon Leaf	Eg/.	Huang Qi - 2gm	Enzymes:	C- Illicollille - Ibgill	
Lian ZI (Red) - 2gm Lian ZI (Red) - 2gm Lu Jiao Shuang - 2gm Lu Jiao Shuang - 2gm Lu Jiao Shuang - 2gm Mare Lu Jiao Shuang - 2gm Lu Jiao Pi - 2gm Lu Jiao Shuang - 2gm	Clove Buds	lm ₈ /	Jiang Can - 2gm	Vegetable Enzymes - 15gm	Superoxide Dismutase (S.O.D.) - 15gm	
1	Eucalyptus Globultus	m ₈ /	Lian ZI (Red) - 2gm			
Name	Fatione	1/eml	Lu Jiao Shuang - Zgm	Minerals:	Vitaming:	
1-5ml Pycnogenol - 10mcg 10gm 10gm 10gm 10ml	February	lm ₈ /	Mai Ya - Zgm	Calcium Amino Acid Chelate 20% -	VIT C - 15gm	
Shu Di Huang - 2gm		1,em	Mu Dan Fl zgm	10am	VIT E D - Alpha Tocapherol - 10gm	
Shu Ui Fluang - 2gm 1,6ml Colery Salt - 10gm Cociander - 10gm Cociander - 10gm Dill Seeds - 10gm Enugreek - 10gm Dill Seeds - 10gm Garlic - 10gm Mace Ground - 10gm	Frankincense		Pychogenol - 10mcg	Corner Amino Acid Chelate 20% -		
is 'fem' Su Mu - 2gm 'fem' 'fem' 'fem' 'fem' 'fem' 'fem' 'fem' 'fem' 'fem' 'fem' 'fem' 'fem' 'fem' 'fem' 'fem' 'fem' 'fem' 'fem' 'fem' 'fem' 'fem' 'fem' 'fem' 'fem' 'fem' 'fem' 'fem' 'fem' 'fem' 'fem' 'f	Hyssop	шø/ .	Shu Di Huang - 2gm	15gm		
1,6ml Yohimbe (Prescription only) - 2gm 1,6ml Spices: 1,6ml Spices: 1,6ml Alspice - 10gm 1,6ml Celery Salt - 10gm 1,6ml Coconut Cream Block - 10gm Cociander - 10gm Coriander - 10gm Dill Seeds - 10gm Garlic - 10gm Garlic - 10gm Horseradish Ribbled - 10gm Mace Ground - 10gm	Juniper	lm ₈ /	Su Mu - Zgm	iiige		
Yohimbe (Prescription only) - 2gm 1,6ml 1	Sander	1/aml	Wu Jia Pi - 2gm	Garlic - 5gm		
woury 1,6m Spices: 1,6m 1,6		m-/,	Yohimbe (Prescription only) - 2gm	Inositol 25gm		•
lum 1,6ml 1,6ml 1,6ml 1,6ml 1,6ml 1,6ml 1,6ml Coconut Cream Block - 10gm Cociander - 10gm Cociander - 10gm Coriander - 10gm Coriander - 10gm Fenugreek - 10gm Garlic - 10gm Horseradish Ribbled - 10gm Mace Ground - 10gm	Lemon Grass	1, 6		Iron Gluconate 12,5% - 10gm		
ium 1,6ml Alspice - 10gm 1,6ml Asafoetidia - 10gm 1,6ml Celery Salt - 10gm 1,6ml Coconut Cream Block - 10gm Cociander - 10gm Cociander - 10gm Dill Seeds - 10gm Fenugreek - 10gm Garlic - 10gm Horseradish Ribbled - 10gm Mace Ground - 10gm	Mountain Savoury	mg/.		All and Clarifold Aform		
lum 1,6ml Allspice - 10gm 1,6ml Celery Salt - 10gm 1,6ml Cocout Cream Block - 10gm Cociander - 10gm Cociander - 10gm Coriander - 10gm Enugreek - 10gm Garlic - 10gm Garlic - 10gm Horseradish Ribbled - 10gm Mace Ground - 10gm	Niaouli	lm ₈ /	Spices:	Mineral Ciay Fowders - 10gill		
1/ ₆ m) Asafoetidia - 10gm 1/ ₆ m) Celery Salt - 10gm 1/ ₆ m) Cocount Cream Block - 10gm Coriander - 10gm Coriander - 10gm Dill Seeds - 10gm Fenugreek - 10gm Garlic - 10gm Horseradish Ribbled - 10gm Mace Ground - 10gm	Rose Geranium	1/eml	Allspice - 10gm	Zinc Amino Acid Chelate 20% -		
ln ₈ /' lm ₈ /' lm ₈ /'	Возещагу	1/sml	Asafoetidia - 10gm	mgc		
Im ₈ , ¹	Taroctos	1/eml	Celery Salt - 10gm			
[LL18/,		1, 1	Chilli Powder - 10gm			
	I nyme Kea	1,01	Coconut Cream Block - 10am			
Corianuei - 10giii Fenugreek - 10gm Garlic - 10gm Horseradish Ribbled - 10gm Mace Ground - 10gm	Ylang Ylang	E %				
Dill Seeds - 10gm Fenugreek - 10gm Garlic - 10gm Horseradish Ribbled - 10gm Mace Ground - 10gm						-
Fenugreek - 10gm Garlic - 10gm Horseradish Ribbled - 10gm Mace Ground - 10gm						
Garlic - 10gm Horseradish Ribbled - 10gm Mace Ground - 10gm						
Horseradish Ribbled - 10gm Mace Ground - 10gm			Garlic - 10gm			
			Horseradish Ribbled - 10gm			

			Or done		
Product Formula Q		- 2 capsules 3 times dally over 20 days	/ over 20 days		
Abrasions, Bruises, Burns, Cuts	, Cuts	Bunions			
Facential Olls		Herbs/Spices	Base	Base Ingredients	Flavouring
	1 1 1	Market 6.4	Honey Products	Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml
Aniseed		Do Huang Jam	Dover John 3:1 - 7am	Aloe Vera:	Indian Brandee - 20ml
Bergarnot	E ,	La rually - zyll	_	Our 20 authority 37 lifes	Vanilla - 50cm
Camphor	lm ₉ /	is Via His . 20m	Bee Propolis - 4:1 - 5gm		
Chamomile German	lm ₈ /	Salix Atha (White Willow) - 10am			
Chamomile Maroc	lm ₈ /	1:1	Enzymes/Minerals	Amino Acids:	
Chamomile Roman	lu ₈ /	Su Mu - 2gm	_	L-Threonine - 15gm	-
Cinnamon Leaf	1/eml	Wu Jia Pi - 2gm	Vegetable Enzymes - 15gm	Superoxide Dismutase (S.O.D.) - 15gm	
Clove Buds	lm ₀ /,		-		
Eucalyptus Globulus	Im ₈ /	Spices:	Minerals:		
Fennet	1/8ml	Asafoetidia - 10gm	Calcium Amino Acid Chelate 20% -	Vitamins:	
Frankincense	lm ₈ /	Chilli Powder - 10gm	10gm	VIT C - 15gm	
2000	, m _e //	Cinnamon - 10gm	Copper Amino Acid Chelate 20% -	VIT E D - Alpha Tocapherol - 10gm	
Nesson H	lma/,	Coconut Cream Block - 10gm	15gm		
don't i	1/em	Coriander - 10gm	Garlic - 5gm		
see o come	"l	Cream of Tartar - 10gm	Inositol 25gm		
Montain Savoury	lm ₆ /	Fennel - 10gm	iron Gluconate 12.5% - 10gm		
Minority in the second	1, ml	Fenugreek - 10gm	Mineral Clay Powders - 15gm		
Maddil	1	Horseradish Ribbled - 10am	Zinc Amino Acid Chelate 20% -	-	
Rose Geranium	EL18/		Sam		
Rosemary	Jmg/	Mace Ground - Tugm			
Tagestes	lm ₈ /.				
Thyme Red	lm ₈ /				
Ylang Ylang	lm ₈ /				

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Product Formula R	•	2 capsule:	ver 20 days s with Aromatherapist/Reflexold	s 3 times daily over 20 days z - CRR - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)	imum 7 days apart)
Arthritis - Osteo	Ö	Gout	*Osteoporosis	Sciatica	
'Arthritis - Rheumatoid	<u> </u>	Inflammation, Back Ache, Sprains	ains Scarcodosis	Varicose Veins	
Essential Olls		Herbs/Spices	Base	Base Ingredients	Flavouring
Concession	lma/	Herbs: 5:1	Honey Products	Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml
Derganio	1 E	Bai Guo Ye (Ginkgo) - 2gm	Royal Jelly - 3:1 - 7gm	Aloe Vera:	Indian Brandee - 20ml
Champhol German	, may	Bi Ji Tian - 2gm	Bee Propolis - 4:1 - 5gm	Over 70 nutrients - % litre	Vanilla - 50gm
Chamomile Marc	, am	Boswellia Serreta - 1gm			
Chamomile Roman	1,em	Chen Xiang - Zgm	Enzymes/Minerals	Amino Acids:	
Cionomon out	1/eml	Dana Shen - 2am	Enzymes:	L- Threonine - 15gm	
Clove Birds	1/gml	Er Cha - 2gm	Vegetable Enzymes - 15gm	Superoxide Dismutase (S.O.D.) - 15gm	
Eucalyptus Globulus	1/8mj	Fu Ling - 2gm			
Fatigue	1/8ml	Grapeseed - 19mcg Julin Yin Hua - 2cm	Minerals:		
Fennel	lm ₈ /	Mai Men Dong - 2gm	Calcium Amino Acid Chelate 20% -		
Lankincense	lm ₈ /	Mao Zhao Cao (Cats Claw) - 2gm	10gm	VIT E D - Alpha Tocapherol - 10gm	
Ginger	lm ₈ /	Pycnogenol - 10mcg	Copper Amino Acid Chelate 20% -		
Hyssop	l _l gml	Salix Alba (White Willow) - 10gm	13gm		
Juniper	lm _e /	Su Mi - 2am			
Lemon Grass	lm ₈ /	Wu Jia Pi - 29m	Inositor Zagrii		
Mountain Savoury	lm ₈ /	Xian He Cao - 2gm	Minoral Clay Downlers - 15gm		
Niaouli	lm ₈ /	Yan Hu Suo - 2gm	Zine Amine Acid Chelete 20%		
Red Myrtle	lm ₉ /	Zhi Mu - 2gm	Sam		
Rose Geranium	l _{eml}	Spices:			
Rosemary	1/eml	Asafoetidia - 10gm			
Tagestes	lm ₈ /	Cardamom - 10gm			
Thyme Red	lm ₉ /	Chilli Powder - 10gm			
Ylang Ylang	l _{/sml}	Coconut Cream Block - 10gm			
		Coriander - 10gm			
		Dutch Caraway - 10gm	12×22×1		
		Fenugreek - 10gm			
		Horseradish Ribbled - 10gm			
		Juniper Berries - 10gm			
		Laos Powder - 10gm			
		Mace Ground - 10gm			
		Turmeric - 10gm			
					+

Product Formula S1			SPORTS PERFORMANCE & INJURIES	IANCE & INJURIES		
	-2	- 2 capsules 3 times daily over 20 days → + Formula Z - CRN - 2 sessions with Aromat	Itimes daily over 20 days CRN - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)	ologist (minimum 2 hours	: apart, maximum 7 d	ays apart)
**Energy Booster	Inte	Internal Body Conditioner Stamina	nina			
Immune Balancing System			_			
Essential Oils		Herbs and Spices	Base Ingredients	redients	Flavouring	Practitioners
Anicood	/mi/	Herbs: 5:1	Honey Products	Aloe Vera/Amino Acids/	Honey - 20ml	Flower Remedy
Basil		Bai Guo Ye (Ginkgo) - 2gm	Royal Jelly - 3:1 - 7gm	Vitamins	Indian Brandee - 20ml	Chinese
Bergamot	lm ₈ /	Chi Shao Yao - 2gm	Bee Propolis - 4:1 - 5gm	Aloe Vera:	Vanilla - 50gm	2 sessions
Chamomile German	1/8ml	Da Huang - 2gm		Over / U numents - 74 little		Chiropractic -
Chamomile Maroc	l _{sml}	Dang Gui(Dong Quai) - 2gm	Enzymes/Minerals			2 sessions
	l/ ₈ ml	Er Cha - 2gm	Enzymes:	Amino Acids:		Alexander
	1/ ₈ ml	Fu Pen Zi - 2gm	Vegetable Enzymes - 15gm	L- Threonine - 15gm		Technique
	lm ₈ /	Gou Teng - 2gm		Superoxide Dismutase		
Globulus	1/eml	Mao Zhao Cao (Cats Claw) - 2gm	Minerals:	(a.O.D.) - 13gm		
	l _{aml}	Mu Li - 2gm	Calcium Amino Acid Chelate	7,44		
_		Su Mu - Zgm	20% - 10gm	VITAL 15cm		
cense		wu Jia Pi - zgm	Copper Amino Acid Chelate	VII C - 13gill		
		Spices:	20% - Togai	10am		
		Asafoetidia - 10gm	Garrie - ogm			
Grass		Cassia - 10gm	Inositor Zagiri			
onu	lm ₈ /,	Chilli Powder - 10gm	Iron Glucollate 12.370 =			
Niaouli		Coconut Cream Block - Togill	Mineral Clay Powders -			
Rose Geranium		Oil Seeds - 10cm	15gm			
		Fenuareek - 10am	Zinc Amino Acid Chelate			
		Horseradish Ribbled - 10gm	20% - 5gm	-		
		Juniper Berries - 10gm	-			
Ylang Tlang		Lemon Grass - 10gm				
	_	Mace Ground - 10gm				
		Mixed Spices - 10gm	•			

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Product F	Product Formula S2		EXTERNAL PHYSIO	APPLICATION - SPC	EXTERNAL PHYSIO APPLICATION - SPORTS PERFORMANCE & INJURIES	& INJURIES	
Pre Perforr	Pre Performance Lotion		(per 10 applications)				
Aloe Vera	Essential Oils		Herbs/Spices	Honey Products	Massage Oil		
Heat Lotion - Aniseed 20gm Basil Chamon Fennel	Aniseed Basil Chamomile Maroc Fennel	/ami /amt /amt /ami	/ _s ml Herbs: 5:1 / _s ml Chi Shao Yao - 2gm / _s ml Qlang Huo - 2gm	Bee Propolis - 4.1- 5gm Avocado - 10ml Grapeseed - 40n Hazelnut - 10ml	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml		
			Spices: Cardamom - 10gm Ginger - 10gm				

Product F	Product Formula S3		EXTERNAL PHYSIO AND	D REFLEXOLOGY A	AL PHYSIO AND REFLEXOLOGY APPLICATION - SPORTS PERFORMANCE & INJURIES	PERFORMANCE	R INJURIES
Maintenan	Maintenance Recovery Massage	sage	+ Formula Z - CRS3 - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart) (per 10 applications)	ns with Aromatherapist	Reflexologist (minimum 2 h	iours apart, maximum	7 days apart)
Aloe Vera	Essential Oils		Herbs/Spices	Honey Products	Massage Oil		Practitioners
Aloe Activator - 10ml Heat Lotion - 20gm	Aloe Aniseed Activator - Basil 10ml Camphor Heat Lotion - Chamomile Maroc 20gm Eucalyptus Globulus Juniper	m ₀ /, m	Vami Herbs: 5:1 Vami Chi Shao Yao - 2gm Vami Dang Gui (Dong Quai) - 2gm Vami Salix Alba (White Willow) - 10gm Vami 1:1 Vami Qiang Huo - 2gm Spices: Asafoetidia - 10gm Fenugreek - 10gm	Bee Propolis - 4:1 - 5gm Avocado - 10ml Grapeseed - 40n Hazelnut - 10ml	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml		Aromatherapy/ Reflexology Application - 2 sessions

Product	Product Formula S4		EXTERNAL PHYSIO ANI	D REFLEXOLOGY /	PHYSIO AND REFLEXOLOGY APPLICATION - SPORTS PERFORMANCE & INJURIES	S PERFORMANCE	& INJURIES
Direct Inte	Direct Internal & Surface Injury	Ş	(per 10 applications)				
2000	allO lettreean		Herbs/Spices	Honey Products	Massage Oil		Practitioners
Aloe Activator - 10ml Heat Lotton - 20gm	Anisee Basil Camph Eucaly Fennel	/emi /emi /emi /emi /emi	Herbs: 5:1 Ba Ji Tian Dang Gui Qiang Huc Salix Alba 1:1 Su Zi (Zi S	Bee Propolis - 4:1 - 5gm	Avocado - 10mi Grapeseed - 40ml Hazelnut - 10ml		Aromatherapy/ Reflexology Application - 2 sessions Osteopathy - 2 sessions
			Spices. Ginger - 10gm Horseradish - 10gm				
Product F	Product Formula S5		EXTERNAL PHYSIO AND	REFLEXOLOGY A	PHYSIO AND REFLEXOLOGY APPLICATION - SPORTS PERFORMANCE & INJURIES	PERFORMANCE	& INJURIES
Sramp Fat	Cramp Fatigue Lotion		(per 10 applications)	<u>.</u> .			
Aloe Vera	Essential Oils		Herbs/Spices	Honey Products	Massage Oil		
Aloe Activator - 10ml Heat Lotion - 20gm	Camphor Rescue Remedy	'l'eml	Herbs: 5:1 Hu Po - 2gm Huang Lian - 2gm Salix Alba (White Willow) - 10gm 1:1 Qiang Huo - 2gm	Bee Propolis - 4:1 - 5gm	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml		Aromatherapy/ Reflexology Application - 2 sessions
			Spices: Chilli - 10gm Lemon Grass - 10gm				

Product F	Product Formula S6		EXTERNAL PHYSIO AND) REFLEXOLOGY A	NAL PHYSIO AND REFLEXOLOGY APPLICATION - SPORTS PERFORMANCE & INJURIES	S PERFORMANCE 8	, INJURIES
Fatigue Fractures	actures		(per 10 applications)				
Aloe Vera	Essential Olls		Herbs/Spices	Honey Products	Vitamins/Amino Acids	Massage Oil	Practitioners
Aloe Activator - 10ml Heat Lotion - 20gm	Aniseed Basil Camphor Eucalyptus Ginger	/sml /sml /sml /sml	'/eml Herbs: 5:1 '/eml Dang Gui (Dong Quai) - 2gm '/eml Qiang Huo - 2gm '/eml Salix Alba (White Willow) - 10gm '/eml 1:1 Splces: Allspice - 10gm Dill Seeds - 10gm	Bee Propolls - 4:1 - 5gm B6 - 20gm	B6 - 20gm	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml	Aromatherapy/ Reflexology Application - 2 sessions

Product Formula T		r cris flower	After crisis - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apar Tellowed by Formula F - Clarissa Balancing System - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)	After crisis - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart) Followed by Formula F - Clarissa Balancing System - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)
**Abuse (short term) **Trauma/Shock (short term)	erm) < (short term)		Sincie Soul Dose	
Flower Remedles	Essentiai Oils	8	Herbs/Indian Spcles	Base Ingredients
Rescue Remedy -	III.	lm ₈ /	/ ₈ ml Herbs: 5:1 Bu Gu Zhi - 2gm Chen Xlang - 2gm Guo Teng - 2gm	Aloe Vera Pure - 20ml Honey - 20ml
			Wu Bei Zi - 2gm Spices:	:
			Garlic - 10gm Laos - 10gm	

Product Formula U		- 2 capsules 3 times daily over 20 days	y over 20 days		
Schizophrenia					
Essential Oils		Herbs/Spices	Base	Base Ingredients	Flavouring
Basil	lm ₈ /	Herbs: 5:1	Honey Products	Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml
Bergamot	1/sml	Da Huang - 2gm	Royal Jelly - 3:1 - 7gm	Aloe Vera:	Indian Brandee - 20ml
Chamomile German	1/ _{gml}	Er Cha - 2gm	Bee Propolis - 4:1 - 5gm	Over 70 nutrients - 3/ litre	Vanilla - 50gm
Chamomile Maroc	1/ ₈ ml	Hu Huang Lian - 2gm			
Chamomile Roman	1/8ml	Huo Ma Ren - 2gm	Enzymes/Minerals	Amino Acids:	
Cinnamon Leaf	lm ₈ /	Su Mu - 2gm	Enzymes:	L-Threonine - 15gm	
Clove Buds	1/eml	Wu Jia Pi - 2gm	Vegetable Enzymes - 15gm	Superoxide Dismutase (S.O.D.) - 15gm	
Eucalyptus Globulus	1/8ml	Ye Ju Hua - 2gm			
Fennel	1/eml		Minerals:	Vitamins:	
Frankincense	1/eml	Spices	Calcium Amino Acid Chelate 20% -	VIT C - 15gm	
Ginger	1/sml	Allspice - 10gm	10gm	VIT E D - Alpha Tocapherol - 10gm	
Hyssop	1/sml	Asafoetidia - 10gm	Copper Amino Acid Chelate 20% -	-	
Juniper	1/8ml	Caraway Ground - 10gm	15gm		
Lavender	lm ₈ /,	Chilli Powder - 10gm	Garlic - 5gm		
Lemon Grass	1/eml	Coconut Cream Block - 10gm	Inositol 25gm		
Mountain Savoury	lm ₈ /	Coriander - 10gm	Iron Gluconate 12.5% - Tugin		
Niaouli	1/eml	Dill Seeds - 10gm	Mineral Clay Powders - 15gm		
Rose Geranium	lm ₈ /	Fenugreek - 10gm	Zinc Amino Acid Chelate 20% -		
Rosemary	lm ₈ /	Horseradish Ribbled - 10gm			
Tagestes	lm ₈ /	Mace Ground - 10gm		-	
Thyme Red	lm ₈ /	Mustard Seed Yellow - 10gm			
Ylang Ylang	1/eml	Orris Root - 10gm			

Product Formula V		- 2 capsules 3 times daily over 20 days ** Followed by Formula F - Clarissa Balancing - 2 sessions with Aromatherapist/Reflexologi	es 3 times daily over 20 days by Formula F - Clarissa Balancing System is with Aromatherapist/Reflexologist (minimum 2 h	2 capsules 3 times daily over 20 days Followed by Formula F - Clarissa Balancing System - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)	
**Abuse (long term) **Bereavement/Loss		**Trauma/shock (long term)	(1		
Essential Olis		Herbs/Spices		Base Ingredients	Flavouring Honev - 20ml
Bergamot Chamomile German Chamomile Maroc	lm ₀ ,	Herbs: 5:1 Chi Shao Yao - 2gm Da Huang - 2gm Er Cha - 2gm	Honey Products Royal Jelly - 3:1 - 7gm Bee Propolis - 4:1 - 5gm	Aloe Vera. Aloe Vera: Over 70 nutrients - % litre	Indian Brandee - 20ml Vanilla - 50gm
Chamornile Roman Cinnamon Leaf Clove Buds Eucalyptus Globulus		Qlang Huo - 2gm Su Mu - 2gm Ting Li Zi - 2gm Wu Jia Pi - 2gm Solces:	Enzymes/Minerals Enzymes: Vegetable Enzymes - 15gm	Amino Acids: L-Threonine - 15gm Superoxide Dismutase (S.O.D.) - 15gm	
Frankincense Hyssop Juniper Lemon Grass		Allspice - 10gm Asafoetldia - 10gm Celery Salt - 10gm Chilli Powder - 10gm Coconut Cream Block - 10gm	Minerals: Calcium Amino Acid Chelate 20% - 10gm Copper Amino Acid Chelate 20% - 15gm	VItamins: VIT C - 15gm VIT E D - Alpha Tocapherol - 10gm	
Mountain Sayoury Niaouli Patchouli Rose Geranium Rosemary Thyme Red	, , , , , , , , , , , , , , , , , , ,	Coconut Ground - 10gm Corlander - 10gm Fenugreek - 10gm Horseradish Ribbled - 10gm Mace Ground - 10gm Mango Powder - 10gm	Garlic - 5gm Inositol 25gm Iron Gluconate 12.5% - 10gm Mineral Clay Powders - 15gm Zinc Amino Acid Chelate 20% - 5gm	·	

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Clarissa Weight Care System - 2 capsules daily at bedtime over 20 days Essential Oile Herba:Spices Honey Products Aloe Vera/Amino Acids/Vitamins Honey Products Honey Products Aloe Vera/Amino Acids/Vitamins Honey Caper Jam Honey Products Aloe Vera/Amino Acids/Vitamins Honey Caper Jam Aloe Vera/Amino Acids/Vitamins Honey Caper Jam Aloe Vera/Amino Acids/Vitamins Minerals: Caper Amino Acids Caper Amino Acids Caper Amino Acid Chelate 20% VITED - Alpha Tocapherol - 10gm Light Caper Amino Acid Chelate 20% VITED - Alpha Tocapherol - 10gm Light Light	Product Formula W1	WE	WEIGHT MANAGEMENT		
Herbs: 5:1	Clarissa Weight Care System	- 2 capsu	itime over 20 days		
Herbs: 5:1 Honey Products Aloe VeralAmino Acids/ Vitamins	Essential Oils	Herbs/Spices	Base	ngredients	Flavouring
Feng - 2gm Bee Propolis - 4:1 - 5gm Over 70 nutrients - % litre Enzymes/Minerals ds - 10gm Wegetable Enzymes - 15gm Superoxide Dismutase (S.O.D.) - 15gm Winerals: Calcium Amino Acid Chelate 20% - VIT E D - Alpha Tocapherol - 10gm Copper Amino Acid Chelate 20% - VIT E D - Alpha Tocapherol - 10gm Garlic - 5gm Ino Gluconate 12:5% - 10gm Zinc Amino Acid Chelate 20% - 5gm		╫	Honey Products Royal Jelly - 3.1 - 7am	Aloe Vera/Amino Acids/ Vitamins Aloe Vera:	Honey - 20ml Indian Brandee - 20ml
10gm ds - 10gm Berries - 10gm Berries - 10gm Minerals: Calcium Amino Acid Chelate 20% - 10gm Copper Amino Acid Chelate 20% - 15gm Copper Amino Acid Chelate 20% - 15gm Garlic - 5gm Inositol 25gm Ino Gluconate 12.5% - 10gm Mineral Clay Powders - 15gm Zinc Amino Acid Chelate 20% - 5gm		Ji Xue Teng - 2gm	Bee Propolis - 4:1 - 5gm	Over 70 nutrients - 3/4 litre	Vanilla - 50gm
Sweet - 10gm Sweet - 10gm Sweet - 10gm Calcium Amino Acid Chelate 20% - 10gm Copper Amino Acid Chelate 20% - 15gm Copper Amino Acid Chelate 20% - 15gm Garlic - 5gm Inositol 25gm Iron Gluconate 12.5% - 10gm Minerai Clay Powders - 15gm Zinc Amino Acid Chelate 20% - 5gm		Spices:	Enzymes/Minerals	Amino Acids:	
Vegetable Enzymes - 15gm is - 10gm Sweet - 10gm Calcium Amino Acid Chelate 20% - 10gm Copper Amino Acid Chelate 20% - 15gm Garlic - 5gm Iron Gluconate 12.5% - 10gm Mineral Clay Powders - 15gm Zinc Amino Acid Chelate 20% - 5gm		Carob - 10gm	Enzymes:	L- Threonine - 15gm	
Minerals: Calcium Amino Acid Chelate 20% - 10gm Copper Amino Acid Chelate 20% - 15gm Garlic - 5gm Inositol 25gm Iron Gluconate 12.5% - 10gm Mineral Clay Powders - 15gm Zinc Amino Acid Chelate 20% - 5gm		Dill Seeds - 10gm	Vegetable Enzymes - 15gm	Superoxide Dismutase (S.O.D.) -	
Sweet - 10gm Calcium Amino Acid Chelate 20% - 10gm Copper Amino Acid Chelate 20% - 15gm Garlic - 5gm Inositol 25gm Iron Gluconate 12.5% - 10gm Mineral Clay Powders - 15gm Zinc Amino Acid Chelate 20% - 5gm		Juniper Berries - 10gm		ELBC!	
- %		Mixed Spices Sweet - 10gm	Minerals:		
- %			Calcium Amino Acid Chelate 20% -		
- %		•	10gm		
Garlic - 5gm Inositol 25gm Iron Gluconate 12.5% - 10gm Mineral Clay Powders - 15gm Zinc Amino Acid Chelate 20% - 5gm			Copper Amino Acid Chelate 20% -	VIT E D - Alpha Tocapherol - 10gm	
Garlic - 5gm Inositol 25gm Iron Gluconate 12.5% - 10gm Mineral Clay Powders - 15gm Zinc Amino Acid Chelate 20% - 5gm			15gm		
Iron Gluconate 12.5% - 10gm Iron Gluconate 12.5% - 10gm Mineral Clay Powders - 15gm Zinc Amino Acid Chelate 20% - 5gm			Garlic - 5gm		
Iron Gluconate 12.5% - 10gm Mineral Clay Powders - 15gm Zinc Amino Acid Chelate 20% - 5gm			Inositol 25gm		
Mineral Clay Powders - 15gm Zinc Amino Acid Chelate 20% - 5gm			Iron Gluconate 12.5% - 10gm		
Zinc Amino Acid Chelate 20% - 5gm			Mineral Clay Powders - 15gm		
2gm			Zinc Amino Acid Chelate 20% -		
			5gm		
			:		

Product Formula W2		WEIG	WEIGHT MANAGEMENT		
Clarissa Meal Replacement	t Diet Ju	Clarissa Meal Replacement Diet Juice - 50ml per Meal Replacement over 20 days	cement over 20 days		
		ao Justina II	1	Base Ingredients	Flavouring
Essential Oils Bergamot	/ ₈ ml	Herbs: 5:1 Gao Ben - 2gm Sang Ye - 2gm	Honey Products Royal Jelly - 3:1 - 7gm Bee Propolis - 4:1 - 5gm	Aloe Vera/Amino Acids/ Vitamins Aloe Vera: Over 70 nutrients - ¾ litre	Honey - 20ml Indian Brandee - 20ml Vanilla - 50gm
		Spices: Dill Seeds - 10gm Fennel - 10gm Mixed Spices Sweet - 10gm Mushroom - 10gm	Enzymes: Enzymes: Vegetable Enzymes - 15gm Soya isolate - 20gm Soya Protein Isolate - 50gm Whey Protein - 20gm Minerals: Calcium Amino Acid Chelate 20% - 10gm Copper Amino Acid Chelate 20% - 15gm Inositol 25gm Inositol 25gm Iron Gluconate 12.5% - 10gm Mineral Clay Powders - 15gm Zinc Amino Acid Chelate 20% - 5gm	Amino Acids: L-Threonine - 15gm Superoxide Dismutase (S.O.D.) - 15gm Vitamins: VIT C - 15gm VIT E D - Alpha Tocapherol - 10gm	

Clarissa Chinese Slimming and Deltoxifying Tea -1 cup 3 times daily Stale Breath Herbs/Splee Flavouring Other Berganot Ban Ka 2an Lemon - 20gm Cliffin - 5gm Control Herbs Splees Flavouring Other Ban Ka 2an Chan Tu - 2gm Cliffin - 5gm Control Chan Tu - 2gm Chan Tu - 2gm Cliffin - 5gm Control Chan Tu - 2gm Chan Tu - 2gm Cliffin - 5gm Control Chan Chan Chan Chan Chan Chan Chan Chan	Product Formula W3	WEIC	WEIGHT WANAGEMENT		
Herbs: 5:1 Bai Guo Ye (Ginkgo) - 2gm Bai Guo Ye (Ginkgo) - 2gm Ban Xia 2gm Chan Tiu - 2gm Gau Tiu - 2gm Gau Tiu - 2gm Gau Teng - 2gm Horsetall - 5gm (1:1) Lian Zi (Red) - 2gm Make Leaf - 5gm (1:1) Make Leaf - 5gm (1:1) Milk Thistle Seed - 5gm (1:1) Wung Bu Liu Xing Guo - 2gm Wu Jia Pi - 2gm Spirulina - 5gm (1:1) Wung Bu Liu Xing Guo - 2gm Wu Jia Pi - 2gm Cassia - 10gm Calamom - 10gm Cassia - 10gm Calamom - 10gm Cassia - 10gm Lian Gass - 10gm Lian Alxing Block - 10gm	Clarissa Chinese Slimming and I		mes daily		
Herbs/Spices Flavouring	Stale Breath				
Bai Guo Ye (Ginkgo) - 2gm Bai Guo Ye (Ginkgo) - 2gm Chan Tiu - 2gm Chi Shao Yao - 2gm Garcinia Cambogia - 10gm Gou Teng - 2gm Horsetali - 5gm (1:1) Lian Zi (Red) - 2gm Maté Leaf - 5gm (1:1) Mao Zhao Cao (Cals Claw) 5gm (1:1) Milk Thistle Seed - 5gm (1:1) Wang Bu Liu Xing Guo - 2gm Spices: Alispice - 10gm Cardamom - 10gm Calasia - 10gm Celery Salt - 10gm Gartio- 10gm Lemon Grass - 10gm Calass - 10gm Calagnos - 10gm Calagnos - 10gm Tamarind Block - 10gm	Essential Olis	Herbs/Spices	Flavouring	Other	
		1	Lemon - 20gm	Citrin - 5gm	
Ban Xia 2gm Chan Tiu - 2gm Chi Shao Yao - 2gm Garcinia Cambogia - 10gm Garcinia Cambogia - 10gm Garcinia Cambogia - 10gm Garcinia Cambogia - 10gm Horstall - 2gm (1:1) Male Leaf - 5gm (1:1) Milk Thistle Seed - 5gm (1:1) Wilk Thistle Seed - 5gm (1:1) Wilk Thistle Seed - 5gm (1:1) Wilk Thistle Seed - 5gm (1:1) Wung Bu Liu Xin Guo - 2gm Wu Jia Pi - 2gm Spilces: Alispice - 10gm Cardemom - 10gm Cardem			-		
Chan Tiu - 2gm Chi Shao Yao - 2gm Garcinia Cambagia - 10gm Gaurinia - 2gm Gou Teng - 2gm Horsetali - 5gm (1:1) Lian Zi (Red) - 2gm Male Leaf - 5gm (1:1) Mao Zhao Cao (Cats Clew) 5gm (1:1) Mulk Thistle Seed - 5gm (1:1) Wang Bu Liu Xing Guo - 2gm Wu Jia - 2gm Wu Jia - 2gm Spirulina - 5gm (1:1) Wang Bu Liu Xing Guo - 2gm Wu Jia Pi - 2gm Cardamom - 10gm Cardamom - 10gm Cassia - 10gm		Ban Xia 2gm			
Chi Shao Yao - 2gm Garcinal Cambogia - 10gm Gau Teng - 2gm Horselal - 8gm (1:1) Lian Zi (Red) - 2gm Maid Leaf - 5gm (1:1) Mao Zhao Cao (Cats Clew) 5gm (1:1) Maid Leaf - 5gm (1:1) Maid Leaf - 5gm (1:1) May Dan Liu Xing Guo - 2gm Wung Bu Liu Xing Guo - 2gm Wung Bu Liu Xing Guo - 2gm Wung Bu Liu Xing Guo - 2gm Cardamom - 10gm Cardamom - 10gm Cardamom - 10gm Calamom - 10gm		Chan Tiu - 2gm			-
Garcinia Cambogia - 10gm Gou Teng - 2gm Horseafi - 5gm (1:1) Llan ZI (Red) - 2gm Mao Zhao Cao (Cats Claw) 5gm (1:1) Milk Thistle Seed - 5gm (1:1) Wang Bu Liu Xing Guo - 2gm Wu Jia Pi - 2gm Wu Jia Pi - 2gm Spices: Alspice - 10gm Casdennom - 10gm Casdennom - 10gm Casde - 10gm Calcery Salt - 10gm Gastic - 10gm Lemon Gass - 10gm Mixed Spices Sweet - 10gm Tamarind Blook - 10gm		Chi Shao Yao - 2gm			
Gou Teng - 2gm Horsetali - 5gm (1:1) Luan Z (1649) - 2gm Male Leaf - 5gm (1:1) Mao Zhao Cao (Cats Claw) 5gm (1:1) Milk Thistle Seed - 5gm (1:1) Wang Bu Liu Xing Guo - 2gm Wu Jia - 2gm Spirulina - 5gm (1:1) Wang Bu Liu Xing Guo - 2gm Wu Jia Pi - 2gm Spirulina - 10gm Cardamom - 10gm Cardamom - 10gm Cassia - 10gm Dill Seeds - 10gm Gastic - 10gm Gastic - 10gm Mad Spices Sweet - 10gm Tamarind Block - 10gm		Garcinia Cambogia - 10gm			
Lian Zi (Red) - 2gm Maté Leaf - 5gm (1:1) Mao Zhao Cao (Cals Claw) 5gm (1:1) Milk Thistle Seed - 5gm (1:1) Ou Jie - 2gm Spirulina - 5gm (1:1) Wang Bu Liu Xing Guo - 2gm Wu Jie Pi - 2gm Spices: Alispice - 10gm Cardamom - 10gm		Gou Teng - 2gm			
Lian Zi (Red) - 2gm Maié Leai - 5gm (1:1) Mao Zhao Cao (Cats Claw) 5gm (1:1) Milk Thistle Seed - 5gm (1:1) Ou Jie - 2gm Spirulina - 5gm (1:1) Wang Bu Liu Xing Guo - 2gm Wu Jie Pi - 2gm Spices: Allspice - 10gm Cardamom - 10gm Cardamom - 10gm Cassia - 10gm Dill Seeds - 10gm Garlio - 10gm Garlio - 10gm Hannon Gass - 10gm Cannon Gass - 10gm Cannon Gass - 10gm Temon Gass - 10gm Hannon Gass - 10gm Temon Gass - 10gm		Horsetail - 5gm (1:1)			
Maté Leaf - 5gm (1:1) Mao Zhao Cao (Cats Claw) 5gm (1:1) Mil Khistle Seed - 5gm (1:1) Ou Jie - 2gm Spirulina - 5gm (1:1) Wang Bu Liu Xing Guo - 2gm Wu Jia Pi - 2gm Spices: Allspice - 10gm Cardamom - 10gm Cardamom - 10gm Cardamom - 10gm Cardamom - 10gm Cassia - 10gm Garla - 10gm Garla - 10gm Garla - 10gm Garla - 10gm Lemon Grass - 10gm Lemon Grass - 10gm Tamarind Block - 10gm		Lian ZI (Red) - 2gm			
Mao Zhao Cao (Cats Claw) 5gm (1:1) Milk Thistle Seed - 5gm (1:1) Ou Jie - 2gm Spirulina - 5gm (1:1) Wang Bu Liu Xing Guo - 2gm Wu Jia Pi - 2gm Splces: Allspice - 10gm Cardamom - 10gm Cardamom - 10gm Cardamom - 10gm Cassia - 10gm Calery Salt - 10gm Gartic - 10gm Gartic - 10gm Gartic - 10gm Hixed Spices Sweet - 10gm Tamarind Block - 10gm		Maté Leaf - 5gm (1:1)			
(1:1) Milk Thistle Seed - 5gm (1:1) Ou Jie - 2gm Spirulina - 5gm (1:1) Wang Bu Liu Xing Guo - 2gm Wu Jia Pi - 2gm Spices: Allspice - 10gm Cardamom - 10gm Cassia - 10gm Dill Seeds - 10gm Garlio - 10gm Carlio - 10gm Lemon Grass - 10gm Mixed Spices Sweet - 10gm Tamarind Block - 10gm		Mao Zhao Cao (Cats Claw) 5gm			
Milk Thistle Seed - 5gm (1:1) Ou Jie - 2gm Spirulina - 5gm (1:1) Wang Bu Llu Xing Guo - 2gm Wu Jia Pi - 2gm Wu Jia Pi - 2gm Splces: Allspice - 10gm Cardamom - 10gm Casia - 10gm Celery Salt - 10gm Celery Salt - 10gm Garlic - 10gm Lemon Grass - 10gm Mixed Spices Sweet - 10gm Tamarind Block - 10gm		(1:1)	-		
Ou Jie - 2gm Spirulina - 5gm (1:1) Wang Bu Liu Xing Guo - 2gm Wu Jia Pi - 2gm Spices: Allspice - 10gm Cardamom - 10gm Cassia - 10gm Dill Seeds - 10gm Celery Salt - 10gm Garlic - 10gm Lemon Grass - 10gm Mixed Spices Sweet - 10gm Tamarind Block - 10gm		Milk Thistle Seed - 5gm (1:1)			
Spirulina - 5gm (1:1) Wang Bu Llu Xing Guo - 2gm Wu Jia Pi - 2gm Spices: Allspice - 10gm Cardamom - 10gm Cassia - 10gm Dill Seeds - 10gm Celery Salt - 10gm Gartic - 10gm Lemon Grass - 10gm Mixed Spices Sweet - 10gm Tamarind Block - 10gm		Ou Jie - 2gm			
Wang Bu Liu Xing Guo - 2gm Wu Jia Pi - 2gm Spices: Allspice - 10gm Cardamom - 10gm Cassia - 10gm Dill Seeds - 10gm Celery Salt - 10gm Garlic - 10gm Calcery Salt - 10gm Mixed Spices Sweet - 10gm Tamarind Block - 10gm		Spirulina - 5gm (1:1)			
Spices: Allspice - 10gm Cardamom - 10gm Cassia - 10gm Dill Seeds - 10gm Celery Salt - 10gm Canito - 10gm Canito - 10gm Mixed Spices Sweet - 10gm Tamarind Block - 10gm		Wang Bu Liu Xing Guo - 2gm			
Allspice - 10gm Cardamom - 10gm Cassia - 10gm Dill Seeds - 10gm Celery Salt - 10gm Gartic - 10gm Lemon Grass - 10gm Mixed Spices Sweet - 10gm Tamarind Block - 10gm		Wu Jia Pi - 2gm			
Spices: Allspice - 10gm Cardamom - 10gm Cassia - 10gm Cassia - 10gm Dill Seeds - 10gm Celery Salt - 10gm Garlic - 10gm Lemon Grass - 10gm Mixed Spices Sweet - 10gm Tamarind Block - 10gm					
Allspice - 10gm Cardamom - 10gm Cassia - 10gm Dill Seeds - 10gm Celery Salt - 10gm Garlic - 10gm Lemon Grass - 10gm Mixed Spices Sweet - 10gm Tamarind Block - 10gm		Spices:			
Cardamom - 10gm Cassia - 10gm Dill Seeds - 10gm Celery Salt - 10gm Garlic - 10gm Lemon Grass - 10gm Mixed Spices Sweet - 10gm Tamarind Block - 10gm		Allspice - 10gm			
Cassia - 10gm Dill Seeds - 10gm Celery Salt - 10gm Garlic - 10gm Lemon Grass - 10gm Mixed Spices Sweet - 10gm Tamarind Block - 10gm		Cardamom - 10gm			
Dill Seeds - 10gm Celery Salt - 10gm Garlic - 10gm Lemon Grass - 10gm Mixed Spices Sweet - 10gm Tamarind Block - 10gm		Cassia - 10gm			
Celery Salt - 10gm Garlic - 10gm Lemon Grass - 10gm Mixed Spices Sweet - 10gm Tamarind Block - 10gm		Dill Seeds - 10gm			
Garlic - 10gm Lemon Grass - 10gm Mixed Spices Sweet - 10gm Tamarind Block - 10gm		Celery Salt - 10gm			
Lemon Grass - 10gm Mixed Spices Sweet - 10gm Tamarind Block - 10gm		Garlic - 10gm			
Mixed Spices Sweet - 10gm Tamarind Block - 10gm		Lemon Grass - 10gm			- 1707
Tamarind Block - 10gm		Mixed Spices Sweet - 10gm			
_		Tamarind Block - 10gm			

Product	Product Formula W4		WEIG	WEIGHT MANAGEMENT			
Anti-Cellu	Anti-Cellulite Formula		- 2 capsules 3 times daily over 20 days	y over 20 days			
	Essential Oils		Herbs/Spices		Base Ingredients		Flavouring
Aniseed Chamomile Maroc Grapeseed Juniper		յ՛տո հայ չ հայ չ հայ չ հայ չ	Herbs: 5:1 Dang Gui - 2gm (Dong Quai) Guo Teng - 2gm Qiang Huo - 2gm Tian Nan Xing - 2gm Wang Bu Liu Xing Guo - 2gm Wu Jia Pi - 2gm Xiu Jia Pi - 2gm Allspice - 10gm Cinnamon - 10gm Fenugreek - 10gm Garlic - 10gm	Honey Products Royal Jelly - 3:1 - 7gm Bee Propolis - 4:1 - 5gm Enzymes: Vegetable Enzymes - 15gm Minerals: Calcium Amino Acid Chelate 20% - 10gm Copper Amino Acid Chelate 20% - 15gm Copper Amino Acid Chelate 20% - 15gm Garlic - 5gm Inositol 25gm Iron Gluconate 12:5% - 10gm Mineral Clay Powders - 15gm Zinc Amino Acid Chelate 20% - 5gm		Aloe Vera/Amino Acids/ Vitamins Aloe Vera: Over 70 nutrients - ¾ litre Over 70 nutrients - ¾ litre L- Threonine - 15gm Superoxide Dismutase (S.O.D.) - 15gm Vitamins: VIT C - 15gm VIT E D - Alpha Tocapherol - 10gm	Honey - 20ml Indian Brandee - 20ml Vanilla - 50gm
Product F	Product Formula X1			SKIN CARE			
Bodycare Lotion	Lotion						
Aloe Vera	Essential Oils		Herbs/Spices	Honey Products	Vitamins/Amino Acids	Base Formulation	
Bee Propolis Creme 1ml Nectar Nutritional Drink 10ml daily	Benzoin Bergamot Charnomile Maroc Cypress Dill Hyssop Lavender Patchouli Rose Geranium Sandlewood Ylang Ylang	/, ma/ / ma/ / ma/ / ma/ / ma/ / ma/ / ma/ / ma/ / ma/ / ma/	Herbs: 5:1 Chuan Lian Zi - 2gm Da Zao - 2gm Spices: Alispice - 10gm Cayenne Pepper - 10gm	Bee Propolis - 4:1 - 5gm	VIT E - 30gm Euxyl K100 - 10mg Inositol - 10mg L-Phenylaline - 10mg	Avocado Oil 15% Cellulose 15% Colloidal Sulphur 5% Emulsifying Ointment 30% P.Chloro M.Cresol 15% Purified Water 69% Phenoxyethanol 1% Sodium Laureth 5% Wheatgerm Oil 15% Witch Hazel Extract 15%	

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Product	Product Formula X2			SKIN CARE			
Facecare Lotion	Lotion						98/40086
Aloe Vera	Essential Oils		Herbs/Spices	Honey Products	Vitamins/Amino Acids	Base Formulation	
Bee Propolis Creme 1ml Nectar Nutritional Drink 10ml daily	Bergamot Fennel Frankincense Hyssop Juniper Lavender Lemon Niaouli Patchouli		Herbs: 5:1 Chuan Lian Zi - 2gm Suan Zao Ren - 2gm Spices: Aniseed - 10gm Cumin - 10gm	Bee Propolis - 4:1 - 5gm	Im VIT E - 30gm Euxyl K100 - 10gm Inositol - 10gm L-Phenylaline - 10gm	Emulsifying Ointment 30% Grapeseed Oil 15% Purified Water 69% Phenoxyethanol 1% Vegetable Oil 15% Wheatgerm Oil 15%	
	Noscinary	5					72
Product F	Product Formula X3			SKIN CARE			
Haircare L	Haircare Lotion & Restoration	5					
Aloe Vera	Essential Oils		Herbs/Spices	Honey Products	Vitamins/Amino Acids	Base Formulation	
Bee Propolis Creme 1ml Nectar Nutritional Drink 10ml dally	Bergamot Bergamot Chamomile Maroc Eucalyptus Globulus Jojoba Lavender Rose Geranlum	/eml /eml /eml /eml /eml /eml /eml	Herbs: 5:1 Bo He - 2gm Da Zao - 2gm Spices: Arrowroot - 10gm Cassia - 10gm		VIT E - 30gm Inositol - 10gm L-Phenylaline - 10gm	Dehydol 10% Emulsifying Ointment 30% Jojoba Oil 30% Purified Water 69% Phenoxyethanol 1%	PCT/GB98/00708

Product F	Product Formula X4			SKIN CAKE			
Nutriolcare	Nutriolcare Protection Lotion	_					
Aloe Vera	Essential Olis		Herbs/Spices	Honey Products	Vitamins/Amino Acids	Base Formulation	
Bee Propolls Creme 1ml Nectar Nutritional Drink 10ml daily	Bergamot Cedarwood Chamomile Maroc Cypress Fennel Frankincense Juniper Lavender Lemon Mountain Savoury Neroli Rose Geranium Sandlewood	/eml /eml /eml /eml /eml /eml /eml /eml	femi Herbs: 5:1 femi Chuan Lian Zi - 2gm femi Hua Jiao - 2gm femi Spices: femi Sciery Salt - 10gm femi	Bee Propolls - 4:1 - 5gm VIT E - 30gm Euxyl K100 - 1 inositol - 10gm L-Phenylaline	VIT E - 30gm Euxyl K100 - 10gm Inositol - 10gm L-Phenylaline - 10gm	Carrot Oil 15% Carrot Oil 15% Cellulose 15% Colloidal Sulphur 5% Emulsifying Ointment 30% Grapeseed Oil 15% P.Chloro M.Cresol 15% Purified Water 69% Phenoxyethanol 1% Sodium Laureth 5% Triethanolomine 10% Wheatgerm Oil 15%	

Product F	Product Formula X5			SKIN CARE			
Suncare L	Suncare Lotion - Pre sunbathing After sun	ning	X5 (i) X5 (ii)				
Aloe Vera	Essential Oils		Herbs/Spices	Honey Products	Vitamins/Amino Acids	Base Formulation	
X5 (i) Bee Propolls Creme 1ml	Bergamot Chamomile Maroc	/ ₈ ml / ₈ ml	/ ₆ ml Herbs: 5:1 / ₆ ml Cang Er Zi - 2gm Qiang Huo - 2gm Spices: Chilli - 10gm Garlic - 10gm	Bee Propolis - 4:1 - 5gm VIT E - 30gm Euxyl K100 - ' L-Phenylaline	VIT E - 30gm Euxyl K100 - 10gm L-Phenylaline - 10gm	Emulsiying Cintinent 30% Purified Water 69% Phenoxyethanol 1%	
X5 (ii) Bee Propolis Creme 1ml	Bergamot Dill Fennel	lm ₈ /, im ₈ /, im ₈ /,	lemi Herbs: 5:1 lemi Cang Er Zi - 2gm lemi Hua Jiao - 2gm Qiang Huo - 2gm Spices: Cinnamon - 10gm Fenugreek - 10gm	Bee Propolis - 4:1 - 5gm VIT E - 30gm Euxyl K100 - ' L-Phenylaline	VIT E - 30gm Euxyl K100 - 10gm L-Phenylaline - 10gm	Emulsifying Ointment 30% Purified Water 69% Phenoxyethanol 1%	74

Immune System		Nutritional Supplement -	I Supplement - Daily dose of 5ml in food		
Essential Oils		Herbs/Spices	Base In	Base Ingredients	Flavouring
Darie	lm ₀ /	Horbs: 5.1	Honey Products	Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml
	Les,	Bai Guo Ye (Ginkgo) - 1am	Roval Jelly - 3:1 - 7am	Aloe Vera:	Indian Brandee -
pergarrior	18,	Ban Xia - 10m	Doe Dennis Att from	Over 70 putrients including all	20ml
Camphor	E .	Boswellia Serrata - 5am	Dee Propons - 4.1 - ogin	vitamine R1-R16 - % litre	Vanilla - 50am
Chamomile German	Εω _ν .	Da Huang - 1gm	 Enzvmes:		
Chamomile Maroc	Jua,	Er Cha - 1gm	Co Enzyme O10 - 10 mca		
Chamomile Roman	lm ₈ /,	Gou Qi Zi (Lycium) -1gm	Venetable Enzymes 4.1 - 7 5nm	Amino Acids:	-
Cinnamon Leaf	' _{/e} ml	Grapeseed - 15mcg	vegetable cliefting at the second at the sec	Hesperidin Complex - 1.5gm	
Clove Buds	¹/ ₈ ml	Mao Zhao Cao (Cats Claw) -	Minerals:	Histidine - 7.5gm	
	1/aml	1gm	Calcium Amino Acid Chelate 20% -	Isoleucine - 7.5gm	
Encelvatus Globulus	lma/	Pycnogenol - 10mcg	Sam	L-Aspartic Acid - 7.5gm	
Encard Storage	1	Salix Alba (White Willow) - 5gm	Carrett Amine Acid Cholate 2006	I -Glutamim - 15am	
Fennel	Eg/		Coppel Amino Acid Chelate 2078 -	Dhondalaine 7 fam	
Frankincense	m ₈ /	Shiu Niu Jiao Si - 1gm	mgc./		
Hyssop	lm ₈ /	Su Mu - 1gm	Chromium Niacin - 10mcg	Lecithin - 7.5gm	
Juniper	lm ₈ /	Wu Jia PI - 1gm	Devil's Claw - 7.5gm	Lysine - 7.5gm	
I emon Grass	lma/		Garlic - 5gm	L-Taurine - 7.5gm	
Mountain Savoury	lms/	Spices:	Inositol 12.5gm	L- Threonine - 7.5gm	
Michael Caron		Allspice - 10gm	Iron Gluconate 12.5% - 5gm	Phosphatidyl Choline - 10gm	
Madull	1	Asafoetidia - 10am	Magnesium Amino Acid Chelate -		
Peppermint	E,	Chilli Dowder - 10am	Magnesian Commo Acid Circuito		
Rose Geranium	lm ₈ /	Cliffic Toward - Togill	Jogin Character 10mm	Vitamins:	
Коѕетагу	lm ₈ /	Cinnamon Sugar - 10gm	Maganese Gluconate - Tugin	Betacorotene Dunaliella Salina Algae	
Tanestes	lma/	Coconut Cream Block - 10gm	Mineral Clay Powders - 7.5gm	2.5% - 7.5gm	
Thyma Rad	m _a /	Coriander - 10gm	Molybdenum - 7.5gm	Biotin - 5mcg	
	lm _o /	Fenugreek - 10gm	Selenium Methioninė 5% - 5gm	Folic Acid - 15gm	
Super Super	į	Horseradish Ribbled - 10gm	Superoxide Dismutase (S.O.D.) -	VIT C - 15gm	
		Juniper Berries - 10gm	7.5gm	VIT E D - Alpha Tocapherol - 10gm	
		Laos - 10am	Zinc Amino Acid Chelate 20% -	K15% - 1am	
		Mace Ground - 10gm	2.5gm	•	
			Nutritional Oils & Fats		
			Cod Liver Powder - 7.5am		
			Evening Primrose - 15ml		
			Linoleic Acid - 7.5am		
			Linolenic Acid - 7.59m		
			Olive Oil - 15ml		-

Product Formula Y2		PET, VETE	PET, VETERINARY & EQUINE CARE		
Intestine System		- 6 capsules daily in food over 20 days	l over 20 days		
Essential Oils		Herbs/Spices	Base	Base Ingredients	Flavouring
Aniseed	lm ₈ /	Herbs: 5:1	Honey Products	Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml
Bergamot	1/8ml	Bai Guo Ye (Ginkgo) - 2gm	Royal Jelly - 3:1 - 7gm	Aloe Vera:	Indian Brandee - 20ml
Camphor	1/eml	Da Huang - 2gm	Bee Propolis - 4:1 - 5gm	Over 70 nutrients - 1/4 litre	Vanilla - 50gm
Chamomile German	l _{/e} m	Er Cha - 2gm			
Chamomile Maroc	lm8/	Salix Alba (White Willow) - 10gm	Enzymes/Minerals	Amino Acids:	
Chamomile Roman	1/eml	1:1	Enzymes:	L-Threonine - 15gm	
Cinnamon Leaf	1/sml	Shiu Niu Jiao Si - 2gm	Vegetable Enzymes - 15gm	Superoxide Dismutase (S.O.D.) - 15gm	
Clove Buds	E _g /	Su Mu - 2gm			
Eucalyptus Globulus	lm ₈ /	Wu Jia Pi - 2gm	Minerals:		76
Fennel	lm ₈ /		Calcium Amino Acid Chelate 20%	Vitamins:	
Frankincense	lm ₈ /	Spices:	- 10gm	VIT C - 15gm	
Ginger	1/sml	Asafoetidia - 10gm	Amino Acid Chelate 20%	VIT E D - Alpha Tocapherol - 10gm	
Hyssop	1/sml	Cassia - 10gm			
Juniper	1/eml	Chilli Powder - 10gm	Garlic - 5gm		
Lemon Grass	lm ₈ /	Coconut Cream Block - 10gm	Inositol 25gm		
Mountain Savoury	1/eml	Coriander - 10gm	Iron Gluconate 12.5% - 10gm		
Niaouli	1/eml	Cream of Tartar - 10gm	Mineral Clay Powders - 15gm		
Peppermint	l/mg/	Dill Seeds - 10gm	Zinc Amino Acid Chelate 20% -		
Rose Geranium	lm ₈ /	Fenugreek - 10gm	Sgm		
Rosemary	1/8ml	Horseradish Ribbled - 10gm			
Tagestes	lm ₈ /	Mace Ground - 10gm			
Thyme Red	l _{sm}				
Ylang Ylang	lm ₈ /				

Essential Oils /eml /eml /eml	- 6 capsules daily days in Herbs: 5:1 Bai Guo Ye (Ginkgo) - 2gm Da Huang - 2gm Er Cha - 2gm Su Mu - 2gm Wu Jia Pi - 2gm	daily days in food over 20 days pices Honey Products Royal Jelly - 3.1 - 7gm Bee Propolis - 4.1 - 5gm Enzymes/Minerals Enzymes:	Base Ingredients Aloe Vera/Amino Acids/ Vitamins Aloe Vera: Over 70 nutrients - ¾ litre Amino Acids: L-Threonine - 15gm	Flavouring Honey - 20ml Indian Brandee - 20ml Vanilla - 50gm
Essential Oils //eml //eml //eml //eml //eml roc //eml roc //eml man	Herbs/Spices 5:1 5 Ye (Ginkgo) - 2gm ing - 2gm - 2gm Pi - 2gm	Base In	Aloe Vera/Amino Acids/ Vitamins Aloe Vera: Over 70 nutrients - % litre Amino Acids: L-Threonine - 15gm	Flavouring Honey - 20ml Indian Brandee - 20ml Vanilla - 50gm
Essential Oils /gml /gml /gml /gml man roc /gml man man /gml	Herbs/Spices 5:1 5 Ye (Ginkgo) - 2gm ing - 2gm - 2gm Pi - 2gm	Base In	Aloe Vera/Amino Acids/ Vitamins Aloe Vera: Over 70 nutrients - 34 litre Amino Acids: L-Threonine - 15gm	Flavouring Honey - 20mt Indian Brandee - 20ml Vanilla - 50gm
/ ₈ ml / ₈ ml / ₈ ml rman / ₈ ml roc / ₈ ml man / ₈ ml	5:1 o Ye (Ginkgo) - 2gm ng - 2gm - 2gm Pi - 2gm	E E	Aloe Vera/Amino Acids/ Vitamins Aloe Vera: Over 70 nutrients - ¾ litre Amino Acids: L-Threonine - 15gm	Honey - 20mt Indian Brandee - 20ml Vanilla - 50gm
man 'eml' 'sml' 'sml' 'sml' 'sml' 'sml' 'sml' 'sml'	o Ye (Ginkgo) - 2gm ng - 2gm - 2gm 2gm Pi - 2gm	E BG	Aloe Vera: Over 70 nutrients - 34 litre Amino Acids: L-Threonine - 15gm	Indian Brandee - 20ml Vanilla - 50gm
rman 'sml roc 'sml 'sml man 'sml	ng - 2gm - 2gm - 2gm Pi - 2gm	5gm - 15am	Over 70 nutrients - ¾ litre Amino Acids: L-Threonine - 15gm	Varinia - 50gii
rman '/ ₈ ml roc '/ ₈ ml man '/ ₈ ml	- 2gm - 2gm Pi - 2gm	- 15am	<u>Amino Acids:</u> L-Threonine - 15gm	
roc '/emt man '/eml	- 2gm Pi - 2gm	- 15am	Amino Acids: L-Threonine - 15gm	
man 1/8ml	Vu Jia Pi - 2gm olces:	: Fozvmes - 15am	L-Threonine - 15gm	
	olces:			
Cinnamon Leaf '\sml	olces:		Superoxide Dismutase (S.O.D.) -	
l'ustri			iligo.	
lm ₈ /t	Asafoetidia - 10gm			
¹ / ₆ ml 1/ ₆ ml	Chilli Powder - 10gm	n Amino Acid Chelate 20% -	VITA 15	
lm ₈ /	Coconut Cream Block - 10gm		VII C - 10giii VII E D - Alaba Tocanhemi - 10gm	
	mb mb	Copper Amino Acid Chelate 20 % - 15gm		
		Login Garlio - Sam		
Juniper Juniper Fe				-
er '/ ₈ mi	led - 10gm	illositoi zagini Iron Ginconata 12 5% - 10am		
	10gm	Mineral Clay Powders - 15am		
Mountain Savoury 1,8ml Ma	Mace Ground - 10gm	Zinc Amino Acid Chelate 20% -		
	Nutmeg - 10gm	5am		
Peppermint 1,8ml				
ılım				
Rosemary 1/sml				
Tagestes Tagestes				
Thyme Red '/ ₈ ml				
Ylang Ylang				

Product Formula Y4		PET, VETEI	PET, VETERINARY & EQUINE CARE		
Viral Antidote		- 6 capsules daily in food over 20 days	l over 20 days		
all Challenger		Harhe/Gnine		Base Incredients	Flavouring
		Sand Clean		B	ē.
Basil	lm ₈ /	Herbs: 5:1	Honey Products	Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml
Bergamot	1/8ml	Bai Guo Ye (Ginkgo) - 2gm	Royal Jelly - 3:1 - 7gm	Aloe Vera:	Indian Brandee - 20ml
Camphor	lm ₈ /	Da Huang - 2gm	Bee Propolis - 4:1 - 5gm	Over 70 nutrients - % litre	Vanilla - 50gm
Chamomile German	1/8ml	Er Cha - 2gm			
Chamomile Maroc	1/eml	Mao Zhao Cao (Cats Claw) - 2gm	Enzymes/Minerals	Amino Acids:	
Chamomile Roman	1/8ml	Salix Alba (White Willow) - 10gm	Enzymes:	L-Glutamim - 15gm	
Cinnamon Leaf	1/8ml	1:1	Vegetable Enzymes - 15gm	L-Threonine - 15gm	
Clove Buds	1/8ml	Shiu Niu Jiao SI - 2gm		Superoxide Dismutase (S.O.D.) -	
Eucalyptus Globulus	lm ₈ /,	Su Mu - 2gm	Minerals:	15gm	
Fennel	lm ₈ /	Wu Jia Pi - 2gm	Calcium Amino Acid Chelate 20% -		_7!
Frankincense	lm _e /	Zhi Zi - 2gm	10gm		
Ginger	1/8ml		Copper Amino Acid Chelate 20% -	Vitamins:	
Hyssop	1/8ml	Spices:	15gm	VIT C - 15gm	
Juniper	1/eml	Allspice - 10gm	Garlic - 5gm	VIT E D - Alpha Tocapherol - 10gm	
Lemon Grass	1/8ml	Asafoetidia - 10gm	Inositol 25gm		
Mountain Savoury	1/eml	Celery Salt - 10gm	Iron Gluconate 12.5% - 10gm		
Niaouli	1/eml	Chilli Powder - 10gm	Mineral Clay Powders - 15gm		
Peppermint	1/sml	Coconut Cream Block - 10gm	Zinc Amino Acid Chelate 20% -		
Rose Geranium	1/eml	Coriander - 10gm	Ling		
Rosemary	lm ₈ /	Cream of Tartar - 10gm			
Tagestes	1/eml	Fenugreek - 10gm			
Thyme Red	1/8ml	Horseradish Ribbled - 10gm			
Ylang Ylang	1/sml	Mace Ground - 10gm			
		Mixed Spices Sweet - 10gm			

Product Formula Z - CRA	- 2 sessions with Aromathe	is with Aromatherapist/Reflexologist (minimum 2 hours apart maximum 7 days apart)	apart maximum 7 days apa	£
	Clarissa Recovery Remedy	.		
Meningitis Strokes & Heart Atlacks				
Essential Oils	Herbs/Spices	Base Ingredients	Carrier Oils	
Basil Carrot Ginger	'/ _e ml Herbs: 5:1 '/ _e ml Chan Tiu - 2gm '/ _e ml Chen Xiang - 2gm Clang Huo - 2gm Shu Di Huang - 2gm Shu Di Auang - 2gm Shu Di Huang - 2gm	Aloe Vera Pure - 20ml Honey - 20ml	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml	

Product Formula Z - CRB	•	- 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart maximum 7 days apart)	ogist (minimum 2 hours a	part maximum 7 day	/s apart)
	ပ	Clarissa Recovery Remedy			
Irritable Bowel					
Organophosphate Disease (OP's))P's)				
Essential Oils		Herbs/Spices	Base Ingredients	Carrier Oils	
	/ml Derher 5.4	7.4	Aloe Vera Pure - 20ml	Avocado - 10mi	
Aniseed	, a		Honey - 20ml	Grapeseed - 40ml	
Basil	mg/	/eml Bai He - Zgm		Hazelnit 10ml	
Bergamot	/aml Ct	nen Xiang - 2gm		וופקפווומן - וסווונ	
	\mu Ct	1/sml Chi Shao Yao - 2gm			
	Ĩ	Huo Ma Ren - 2gm			
	<u> </u>	Shu Di Huang - 2gm			
	-			• • • • • • • • • • • • • • • • • • • •	
	Sp	Spices:			
	_ 	Anise Star -10gm			
	చ	Cassia - 10gm			

Product Formula Z - CRC2		- 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart maximum 7 days apart)	apist/Reflexo	logist (minimum 2 hours	apart maximum 7 d	ays apart)
Influenza		Clarissa Recovery Remedy				
Essential Oils		Herbs/Spices		Base Ingredients	Carrier Oils	
Basil Bergamot Eucalyptus Globulus Jojoba	/emi /emi /emi /emi	Herbs: 5:1 Bo He - 2gm Cang Er Zl - 2gm Chen Xiang - 2gm Da Zao - 2gm Lian Zi - 2gm Shu Di Huang - 2gm Anise Star - 10gm Fennel - 10gm		Aloe Vera Pure - 20ml Honey - 20ml	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml	
Product Formula Z - CRJ		- 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart maximum 7 days apart)	pist/Reflexol	ogist (minimum 2 hours	apart maximum 7 da	ıys apart)
Alzheimers Disease Batten's Disease		Clarissa Recovery Remedy Herpes Parkinson's Disease	Senile Dimentia	nentia		
Essential Oils		Herbs/Spices		Base Ingredients	Carrier Oils	•
Basil Carrot Eucalyptus Globulus	/ _e m/ / _e m/ / _e m/	Herbs: 5:1 Bal Gou - 2gm Cang Er Zi - 2gm Chen Xiang - 2gm Dan Shen - 2gm Gao Ben - 2gm Shu Di Huang - 2gm Shu Shes:		Aloe Vera Pure - 20ml Honey - 20ml	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml	
		Coriander - 10gm				

Product Formula Z - CRM	- 2 sessions with Aromathe	erapist/Reflexol	ns with Aromatherapist/Reflexologist (minimum 2 hours apart maximum 7 days apart)	apart maximum 7 da	ıys apart)
	Clarissa Recovery Remedy				
Anaemia	M.E.	Muscular	Muscular Dystrophy		
Motor Neurone Disease	M.S.	Thyroid G	Thyroid Gland (over & under active)		
Essential Olls	Herbs/Spices		Base Ingredients	Carrier Oils	
Basil Bergamot Eucalyptus Globulus Juniper	'l ₆ ml Herbs: 5:1 'l ₆ ml Bai Jiang Cao - 2gm 'l ₆ ml Chen Xiang - 2gm Shu Di Huang - 2gm Ting Li Zi - 2gm Ye Tu Hua - 2gm Spices: Anise Star - 10gm Ginger - 10gm		Aloe Vera Pure - 20ml Honey - 20ml	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml	

Product Formula Z - CRN		.nn	NUTRITIONAL BOOST		
	-2se Clari	- 2 sessions Reflexology (minimum 2 hours apart maximum 7 days apart Clarissa Recovery Remedy	num 2 hours apart maxin	ıum 7 days apart	
Acne	Anorexia		Cancer		Sports - Energy booster & stamina
Aids	Bulimia	nia	Candida	Leukaemia	
Essential Oils		Herbs/Spices	8	Base Ingredients	Massage Olls
Black Pepper	/sml	Herbs: 5:1	Honey Products	Aloe Vera/Amino Acids/ Vitamins	Avocado - 10ml
Chamomile Roman	1/eml	Bai Guo Ye (Ginkgo) -2gm	Honey - 20ml	Aloe Vera:	Grapeseed - 40ml
Eucalyptus Globulus	lm ₈ /	Bai Ji Tlan - 2gm	Royal Jelly - 2gm	Over 70 nutrients - 40mf	Hazelnut - 10ml
Fatique	1/eml	Che Qian Zi - Zgm	Bee Propolis - 3gm		
Juniper	1,	Fu Pen Zi - Zam		Amino Acids:	
Peppermint	1/eml	He Zi - 2gm	Enzymes/Minerals	Histidine - 3gm	
Tagestes	1/aml	Xing Ren - 2gm	Enzymes:	L-Phenylalenine - 3gm	
			Co Enzyme Q10 - 2mcg	L- Threonine - 3gm	
		Spices:	-		
		Arrowroot - 10gm	Minerals:	Vitamins:	
		Ginger - 10gm	Calcium Amino Acid Chelate 20% -	6 - Betacorotene Dunaliella Salina Algae -	٠
		Laos - 10gm	2gm		
		Tumeric - 10gm	Inositol - 4gm	Biotin - 1mcg	
			Iron Gluconate 12.5% - 2gm	VIT C - 3gm	
			Zinc Amino Acid Chelate 20% -	VIT E D - Alpha Tocapherol - 2gm	
			1gm	K1 -300mg	
			Nutritional Oils	-	
			Evening Primrose - 5ml		

Product Formula Z - CRR		- 2 sessions with Aromatherapis	st/Reflexof	with Aromatherapist/Reflexologist (minimum 2 hours apart maximum / days apart)	арап тахітит / о	lays apany
		Clarissa Recovery Remedy				
Arthritis - Rheumatoid Osteoporosis						
Essential Oils		Herbs/Spices		Base Ingredients	Carrier Olis	
Basil Bergamot Eucalyptus Globulus Juniper Niauli	Ims,' Ims,' Ims,' Ims,'	leml Herbs: 5:1 lem Bai Jiang Cao - 2gm lem Bai Jiang Cao - 2gm lem! Chen Xiang - 2gm lem! Chuan Lian Zi - 2gm lem! Huo Ma Ren - 2gm Ou Jie - 2gm Shu Di Huang - 2gm		Aloe Vera Pure - 20ml Honey - 20ml	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml	
		Spices: Anise Star -10gm . Dill - 10gm				

Product Formula Z - CRS3		- 2 sessions with Aromatherapist	ons with Aromatherapist/Reflexologist (minimum 2 hours apart maximum 7 days apart)	apart maximum 7 d	ays apart)
<u>-</u>		Clarissa Recovery Remedy			
Maintenance Recovery Massage	sage				
Essential Olls		Herbs/Spices	Base Ingredients	Carrier Olls	
Basil Bergamot Dill Eucalyptus Globulus	/ ₈ ml/ ₁ , / ₈ ml	¹ / ₆ ml Herbs: 5:1 ¹ / ₆ ml Bai Dou Kou - 2gm ¹ / ₆ ml Chen Xiang - 2gm Ji Xue Feng - 2gm Shu Di Huang - 2gm Shu Di Huang - 2gm Chinamon - 10gm	Aloe Vera Pure - 20ml Honey - 20ml	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml	

				84
		_	=	-
		Carrier Oils	Oil - 40ml II - 40ml Jml	
		Сагт	Grapeseed Oil - 40ml Avocado Oil - 40ml Water - 160ml	
i			0 4 8	
				i
	(20 applications)			
) appli			
	Toning Bath Oil			
	ning Ba	es		
	/ & Tor	Herbs/Spices	1gm - 1gm 1gm g - 1gm	E E
	Recovery &	유	ss: 5:1 ng Er Zl - nn Xiang - Huang - 1 i Di Huang	spices: Anise Star -1gm
	Ϋ́		1/sml Herbs: 5:1 1/sml Cang Er Zi - 1gm 1/sml Chen Xiang - 1gm Da Huang - 1gm Shu Di Huang - 1gm Ting Li Zi - 1gm	Spices: Anise S
22			222	
Product Formula Z - CRZ		al Oils		
ormul		Essential Oils		
oduct F			Bergamot Lavender Rosemary	
2			Ber Lav Ros	

CLAIMS

- 1. A medicinal or cosmetic composition comprising at least one essential oil in combination with at least one spice and/or at least one herb.
- 2. A medicinal or cosmetic composition according to Claim 1, wherein the composition comprises one or more essential oils selected from: bergamot, chamomile german, chamomile maroc, chamomile roman, cinnamon zeylanicum, clove buds, eucalyptus globulus, frankincense, fennel, hyssop, juniper, lemon grass, mountain savoury, niaouli, red thyme, rosemary, rose geranium, tagestes and ylang ylang.
- 3. A medicinal or cosmetic composition according to Claims 1 or 2, wherein the composition comprises one or more Chinese herbs selected from: Acacia Catechu, Acanthopanax Gracilistylus, Caesalpinia Sappan and Epimedium Spinosa.
- 4. A medicinal or cosmetic composition according to any preceding claim wherein the composition comprises one or more spices selected from: asapoetidia, coconut, coriander, fenugreek and horseradish.

- 5. A medicinal or cosmetic composition according to any preceding claim comprising
 - bergamot, chamomile german, chamomile maroc, chamomile roman, cinnamon zeylanicum, clove buds, eucalyptus globulus, frankincense, fennel, hyssop, juniper, lemon grass, mountain savoury, niaouli, red thyme, rosemary, rose geranium, tagestes and ylang ylang.
 - (b) the following Chinese herbs:Acacia Catechu, Acanthopanax Gracilistylus,Caesalpinia Sappan and Epimedium Spinosa.
 - (c) the following spices:

 asapoetidia, coconut, coriander, fenugreek and horseradish.
- 6. A medicinal or cosmetic composition according to any preceding claim additionally comprising an <u>Aloe vera extract</u>.

- 7. A medicinal or cosmetic composition according to any preceding claim in combination with a honey product.
- 8. A medicinal or cosmetic composition according to any preceding claim in combination with one or more vitamins, minerals, amino acids, enzymes, flavourings and/or Bach flower remedies.
- 9. A tablet or capsule for oral administration comprising a medicinal or cosmetic composition according to any preceding claims.
- 10. A composition for topical application comprising a medicinal or cosmetic composition according to any one of Claims 1-8.
- 11. The use of a medicinal composition according to any one of Claims
 1-8 for the treatment of disease or physical disability or sports injuries, or
 for the build up and maintenance of the immune system, or for the
 protection against disease or pollution.
- 12. The use of a cosmetic formulation according to any one of Claims1-8 for skin care and/or weight management.

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- (54) Title: ESSENTIAL OIL COMPOSITION
- (57) Abstract

The application relates to new medicinal and cosmetic compositions comprising essential oils in combination with herbs and/or spices. The compositions may be used orally or topically.

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	lata base consulted during the international search (name of data base	e and, where practical, s	earch terms used)
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X Furt	ther documents are listed in the continuation of box C.	χ Patent family m	nembers are listed in annex.
° Special ca	ategories of cited documents :	"T" later document publi	ished after the international filing date not in conflict with the application but
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	28 August 1998	•	8, 09, 98
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Form PCT/ISA/210 (continuation of second sheet) (July 1992)

International application No PCT/GB 98/00708

Box I Observations where certain claims were found unsearchable (Continuation of item 1 of first sheet)
This International Search Report has not been established in respect of certain claims under Article 17(2)(a) for the following reasons:
Claims Nos.: because they relate to subject matter not required to be searched by this Authority, namely: .
Claims Nos.: because they relate to parts of the International Application that do not comply with the prescribed requirements to such an extent that no meaningful International Search can be carried out, specifically:
Claims Nos.: because they are dependent claims and are not drafted in accordance with the second and third sentences of Rule 6.4(a).
Box II Observations where unity of invention is lacking (Continuation of item 2 of first sheet)
This International Searching Authority found multiple inventions in this international application, as follows:
see additional sheet
As all required additional search fees were timely paid by the applicant, this International Search Report covers all searchable claims.
2. As all searchable claims could be searched without effort justifying an additional fee, this Authority did not invite payment of any additional fee.
3. X As only some of the required additional search fees were timely paid by the applicant, this International Search Report covers only those claims for which fees were paid, specifically claims Nos.: 1-11(PART)
4. No required additional search fees were timely paid by the applicant. Consequently, this International Search Report is restricted to the invention first mentioned in the claims; it is covered by claims Nos.:
Remark on Protest The additional search fees were accompanied by the applicant's protest. X No protest accompanied the payment of additional search fees.

Form PCT/ISA/210 (continuation of first sheet (1)) (July 1992)

FURTHER INFORMATION CONTINUED FROM PCT/ISA/ 210

This International Searching Authority found multiple (groups of) inventions in this international application, as follows:

1. Claims: 1(part.),2(part.),4(part.),6-11(all part.)

Compositions comprising an essential oil in combination with a spice and use thereof for the treatment of disease or physical disability.

2. Claims: 1(part.),2(part.),3(part.),4(part.),6-11(all part.)

Compositions comprising an essential oil in combination with a herd and use thereof for the treatment of disease or physical disability

3. Claims: 1(part.),2(part.),3(part.),4(part.),5,
6-11(all part.)

Compositions comprising an essential oil, one spice and a herb and use thereof for the treatment of disease or physical disability

4. Claim : 11(part.)

Use of compositions comprising an essential oil in combination with a spice for the manufacture of a medicament for the treatment of sport injuries

5. Claim : 11(part.)

Use of compositions comprising an essential oil in combination with a spice for the manufacture of a medicament for the build up and maintenance of the immune system

6. Claim : 11(part.)

Use of compositions comprising an essential oil in combination with a spice for the manufacture of a medicament for the protection against pollution

7. Claim : 12(part)

Use of compositions comprising an essential oil in combination with a spice for the manufacture of a medicament for skin care

FURTHER INFORMATION CONTINUED FROM PCT/ISA/ 210

8. Claim: 12(part.)

Use of compositions comprising an essential oil in combination with a spice for the manufacture of a medicament for weight management

9. Claim : 11(part.)

Use of compositions comprising an essential oil in combination with a herb for the manufacture of a medicament for the treatment of sport injuries

10. Claim : 11(part)

Use of compositions comprising an essential oil in combination with a herb for the manufacture of a medicament for the build up and maintenance of the immune system

11. Claim: 11(part.)

Use of compositions comprising an essential oil in combination with a herb for the manufacture of a medicament for the protection against pollution

12. Claim : 12(part.)

Use of compositions comprising an essential oil in combination with a herb for the manufacture of a medicament for skin care

13. Claim: 12(part.)

Use of compositions comprising an essential oil in combination with a herb for the manufacture of a medicament for weight management

14. Claim : 11(part.)

Use of compositions comprising an essential oil in combination with a spice and a herb for the manufacture of a medicament for the treatment of sport injuries

15. Claim : 11(part.)

Use of compositions comprising an essential oil in combination with a spice and a herb for the manufacture of a medicament for the build up and maintenance of the immune system

FURTHER INFORMATION CONTINUED FROM PCT/ISA/ 210

16. Claim : 11(part.)

Use of compositions comprising an essential oil in combination with a spice and a herb for the manufacture of a medicament for the protection against pollution

17. Claim: 12(part.)

Use of compositions comprising an essential oil in combination with a spice and a herb for the manufacture of a medicament for skin care

18. Claim : 12(part.)

Use of compositions comprising an essential oil in combination with a spice and a herb for the manufacture of a medicament for weight management

Information on patent family members

Int. iional Application No PCT/GB 98/00708

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